

The Institute Sensitizes of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens in following ways

Celebration of National Days

Republic Day is observed on January 26 and Independence Day is observed on August 15 of each year at the Institute. Students, faculty, non-teaching staff, invitees, and guests all attend the event. The customary protocol of the event includes flag hosting, the national anthem, an oath of national integrity, and the distribution of sweets.

Independence Day



Republic Day



Tree Plantation

On June 5th, R R college of Pharmacy sponsored a tree planting program. NSS volunteers took an active part in tree plantation the program. Students, instructors, and the principal planted the Saplings in the campus of R R institution. The significance of planting trees was explained by the Principal Dr. Narayanswamy. The teachers watered the plants and taught how to plant them. The assistants also gave varying accounts of the plant's uses, etc.



YOGA DAY

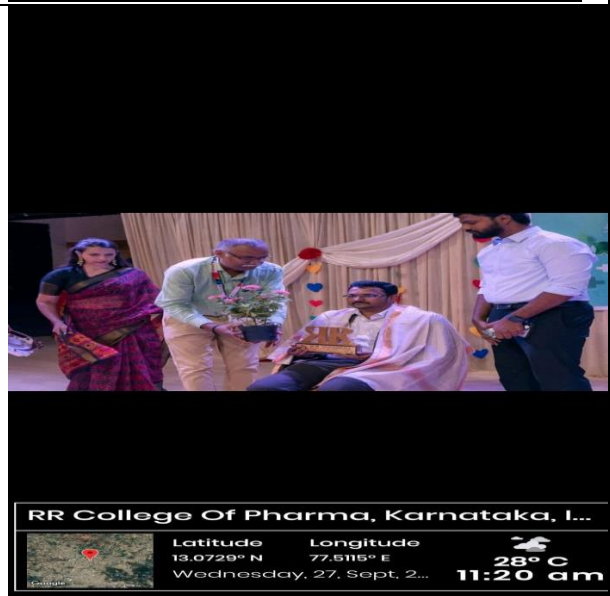
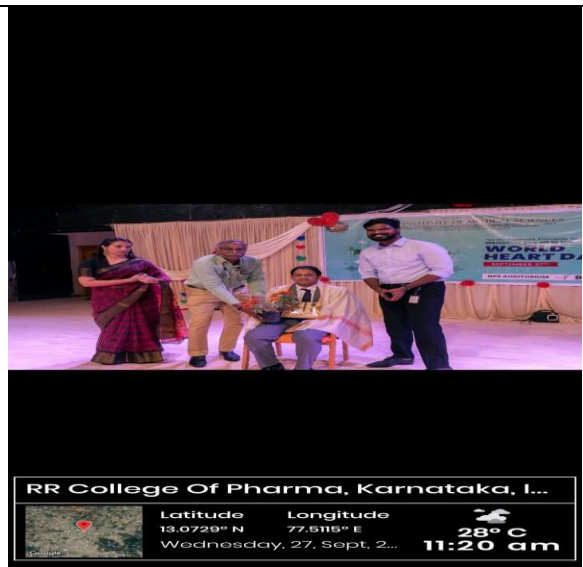
Every year on June 21, the RR institutions hosts Yoga Day on the eve of International Yoga Day in an effort to provide prosperity, harmony, peace, and happiness to all people. The principal led from the front as the faculty and staff attended the meeting. The instructor will begin the class with a prayer before going into how yoga represents the union of the mind and body. After that, the participants did a variety of yoga asanas. Every yoga pose will be described in detail before to practice. The program will conclude with prayer and meditation.



WORLD HEART DAY:

World heart day was organized by R R College of Pharmacy on 27th September 2024 for raising awareness about the cardiovascular diseases. The day is celebrated with the aim of making

people aware of the cardiovascular diseases that matter to every beating heart. World Heart Day is a global campaign that helps to educate people about the risk factors for CVD such as an unhealthy diet and physical inactivity, and that controlling tobacco use can prevent at least 80% of premature deaths from heart disease and strokes. The World Health Organization estimates that cardiovascular diseases kill 17.9 million people each year and account for 31% of all deaths worldwide. Hence, one needs to understand the various risk factors that could lead to heart-related disease.



NO TOBACCO DAY AND DRUG ABUSE:

A rally was organized by R R College of Pharmacy to create awareness about the no tobacco use and drug abuse. World No Tobacco Day is observed on May 31 every year to highlight the risk associated with the use of tobacco. In order to help reduce use and protect human health, the annual campaign raises awareness and health risks associated with using tobacco and encourage governments to adopt policies that reduce smoking and tobacco use.

