RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PK M Educational Trust(R)

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organises

NATIONAL VOTER'S DAY

IN COLLABORATION WITH IQAC & NSS UNIT

Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr. HARISH. N

Principal
Dr. NARYANASWAMY V B

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PROGRAMME REPORT

NATIONAL VOTER'S DAY CELEBRATION ON 25Th JAN 2024

Submitted to
IQAC - RRCOP

By

MR. HARISH N
Assistant Professor
Department of Pharmacology
Faculty of Pharmacy

R R COLLEGE OF PHARMACY
RR INSTITUTIONS
PKM Educational Trust ®
BANGALORE – 560090.

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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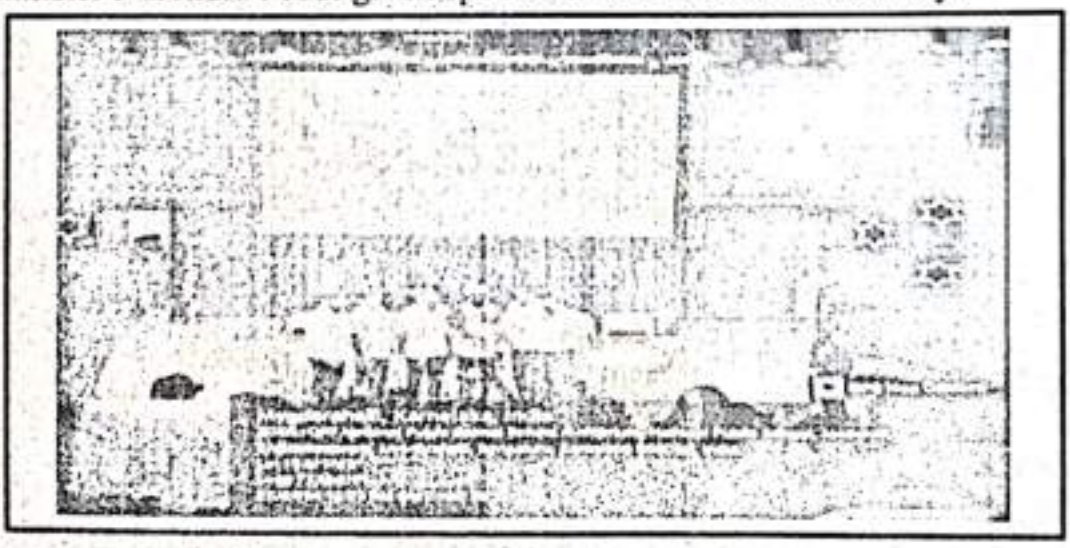
NSS COMMITTEE

This year the National Voter's Day celebrations were held at R R institutions on the eve of national Voter Day on 25th Jan 2024. All the Teaching staff, students including NSS volunteers of R R College of pharmacy took part in Voters Day Pledge on 25th January 2024. The National Voters Day is celebrated every year as mark of the foundation day of Election Commission of India, i.e. 25th January 1950. The main purpose of the National Voters Day celebration is to encourage, facilitate and maximize the enrolment of new voters. **The theme for this year is "Nothing Like Voting, I Vote For Sure**, envisages active and participate voters during elections. It also focuses on ECI's commitment towards conducting elections safely. By taking this pledge our students understood the importance of voting. and also, Students pledged to uphold democratic traditions of our country and the dignity of free, fair and peaceful elections without being influenced by considerations of religion, race, caste, community, language or any other inducement.

The program was inaugurated by our chairman Sri Y.Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B & all staff members have also participated.

Our chief guest S.Muniraju, MLA, Dasarahalli Constituency, Bengaluru, delivered a speech about importance of Young voters to develop the country.

We Organized a live video visual conference which Our Humble Prime minister Narendra Modi given speech about national voter's day.



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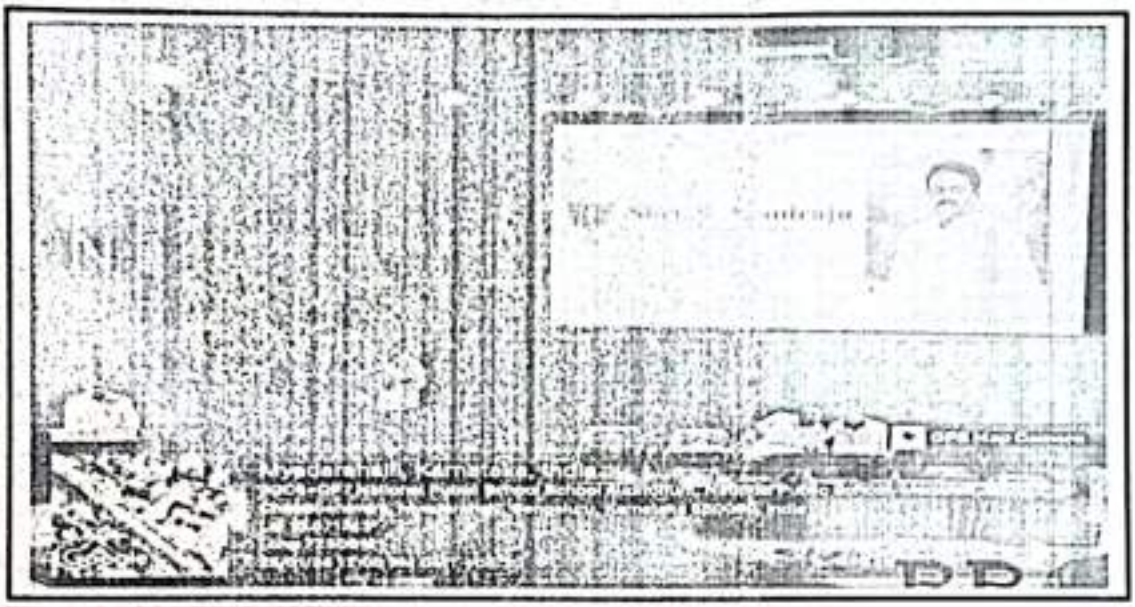

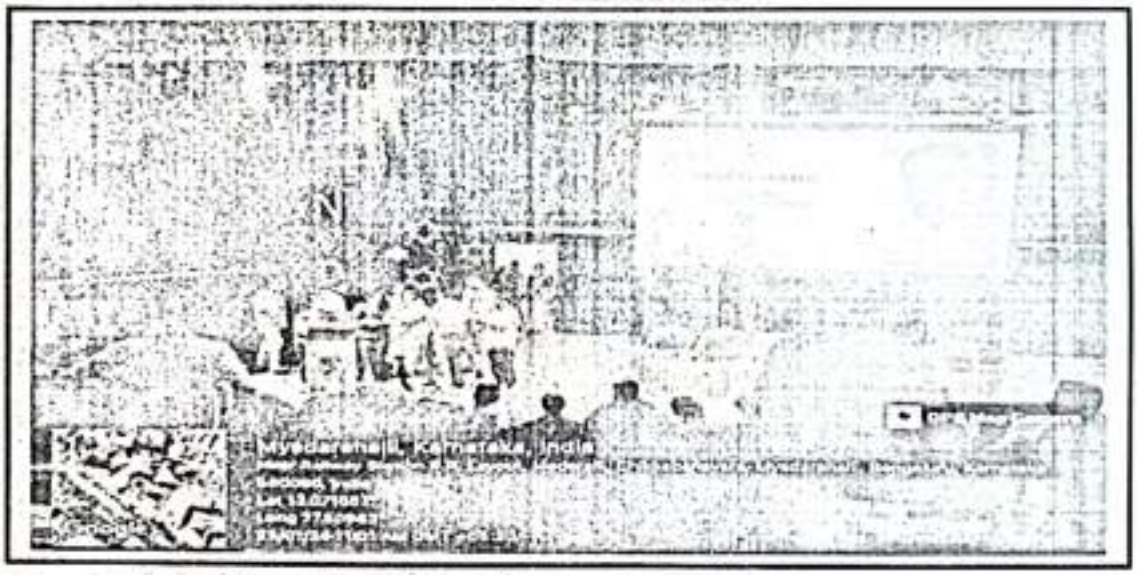

Impact: By the end of the event, students understood the importance and role of young voter.

R R College of Pharmacy principal Dr. Narayanaswamy V B has conveyed his vote of thanks to the management and Chief guest Muniraj S for their continuous support in organizing such kind of events for the students.

Co-Ordinator
Mr.Harish N

IQAC Director
Dr. Vathsala

Principal
Dr.Narayanaswamy V B
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date:25/01/2024

Attendance

National voters day celebration

Sl.No	Name	Department	Signature
1.	HARISH.N	P.Cology	
2.	VIJAYA KUMAR.J	PHARMACOLOGY	
3.	KP. Pavan Kalyan	P. Cology	
4.	Dr. E. Satheesh Kumar	ph. Practice	
5.	Dr. Abhishek. U.N	Ph. Practice	
6.	VISHAL.CS	ph. Practice	
7.	Dr. Nagendra Varma.J	Ph. Practice	
8.	Nagaraj.N.D	Ph chem	
9.	Varsha	Chem	
10.	Dr. Jaspreen	P'rology	
11.	Bijesh.M	P. Cology	
12.	SUJATHA GUDIMURU	P. Chemistry	G. Sujatha
13.	Subhash P.G.	Ph.cemistry	
14.	K.S.Shilale	Ph. Lab	
15.	A.S.Mohammed yaseen Ilahi	ph.chemistry	
16.	Mrs. Poornima.AN.	ph.chemistry	
17.	Shathi.B		Shathi.B
18.	Vishwamyra.s	Pharmacognosy	
19.	K Mahalingam	Pharmaceutics	
20.	Dr. H. Abdul Khan	Pharmacology	
21.	Dr. Seema Gupta	Ph.cognosy	
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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date:25/01/2024

Attendance

National voters day celebration

Sl.No	Name	Department/Course	Signature
1.	Ajith Babu. J	Pharm D II	
2.	Yashwanth K.S	Pharm D II	Yashwanth
3.	V. RAHUL	PHARM. D II	V. Rahul
4.	HIMANSHU	PHARM D II	
5.	Akshitha S	Pharm-D II	
6.	S. Ramez	Pharm-D II	S Ramez
7.	Kaveen.S	Pharm-D II	Kaveen.S
8.	Khushal. M	Pharm-D II	Khushal M
9.	Tanishk chithi	Pharm D II	Tanishk
10.	Shrarthi.V	pharm D II	Shrarthi
11.	KEERTHI	PHARM D.II	Keerthi
12.	Mavilla Anusha	II pharm D	Anusha
13.	Poornima.P.M	IInd Pharm-D	Poornima
14.	Lavanya.K	2nd pharm-D	Lavanya
15.	Tanziyd Rahaf	IInd Pharm-D	Tanziyd
16.	Sree Lekshmi. T.S	II pharm-D	Sree Lekshmi
17.	Fathima Ashna.P.E	II Pharm-D	
18.	Anjana Dileep	II pharm-D	Anjana
19.	Aprajwa Singh	II Pharm. D	Aprajwa
20.	Aishwarya.P.Kori	II Pharm-D	Aishwarya
21.	Shravani Ananth kumar	II pharm-D	
22.	Ishita Das	II Pharm-D	Ishita
23.	Jaif Deb nath	II Pharm-D	Jaif
24.	V R Darshita Reddy	II Pharm-D	Darshita
25.	Shashank	II Pharm-D	Shashank
26.	Tapishe	II Pharm-D	Tapishe
27.	Imdad Ali	IV Sem. B. Pharm	Imdad
28.	Suren Yadav	IV Sem. B. pharm	Suren
29.	Niraj kumar	IVth Sem B. Pharm	Nirajkumar
30.	Sanjoy Adak	5th sem B. pharm	Sanjoy
31.	Supriya KP	5th sem B Pharm	Supriya
32.	Suman Maji	5th Sem B Pharm	Suman Maji
33.	Abijit Ghana	5th Sem B Pharm	Abijit
34.	Vishnudas. S.B	IVth sem B-pharm	Vishnudas
35.	Subhdeep Garu	IVth sem B-pharm	Subhdeep
36.	Arman Siddique	4th sem B-Pharm	Arman

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37.	Subin Nath	Vth Sem B. Pharm.	
38.	Diptesh Jana	V^th Sem B. Pharm	
39.	Sahensa Sardar	— " —	
40.	Kashem Mukarsia	— " —	
41.	Hamida Katun	— " —	
42.	Arun Kumar SM	— " —	
43.	Gagan CL	— " —	
44.	Sumith KR	— " —	
45.	Chethan R	— " —	
46.	Chethan L	— " —	
47.	Rahul	— " —	
48.	MD imthiyas	— " —	
49.	P. Raghu	— " —	
50.	Vivek	— " —	
51.	Yashwanth G.S		
52.	Uday T.R	— " —	
53.	Mohammed Shahal. I	V^th Sem B. Pharm	
54.	Mohamed Ismail. S	— " —	
55.	Nasim Muhammed C	— " —	
56.	Eljun P Mathoor	— " —	
57.	Mohamed Adil	— " —	
58.	Parthapratim Sana.	— " —	
59.	Malay Dinda	— " —	
60.	Parthra. M	— " —	
61.	Susuma. N.S	"	
62.	Veena. G.K	"	
63.	Anusha. K	"	
64.	Rajitha. K.P	— " —	
65.	Gagana. C	— " —	
66.	RAKSHITHA. R	— " —	
67.	Divyashree NK	5th Sem B. Pharm	
68.	Sindhu. T	5th SEM B. Pharm.	
69.	Bindushree. K.S	5th Sem B Pharm	
70.	Harsha Vardhini. R	5th Sem B pharm	
71.	Gayathri. S		
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PKM Educational Trust(R)

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organises

Awareness Program on Menstrual Hygiene

In collaboration with IQAC, NSS unit & Campus Konnect

Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr. HARISH. N

Principal
Dr. NARYANASWAMY V B

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PROGRAMME REPORT

Awareness Program on Menstrual Hygiene

ON 29Th JAN 2024

Submitted to
IQAC - RRCOP

By

MR. HARISH N
Assistant Professor
Department of Pharmacology
Faculty of Pharmacy

R R COLLEGE OF PHARMACY
RR INSTITUTIONS
PKM Educational Trust ®
BANGALORE – 560090

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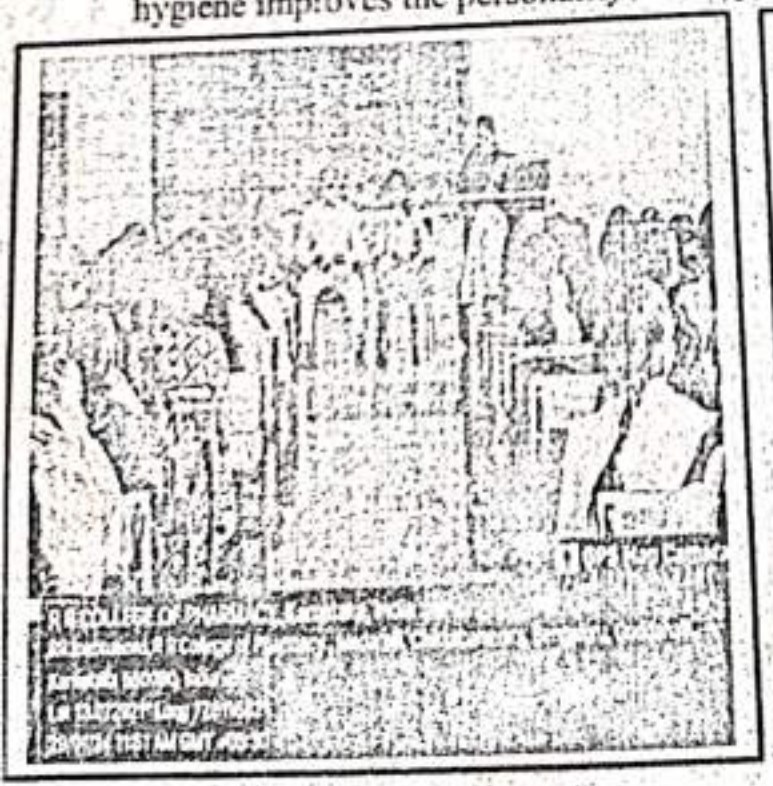
This year as part of Awareness program We conducted awareness program and personality development for the Students of R R College of pharmacy. For this program All the Female Teaching, Nonteaching staff, including female students of R R College of pharmacy took part in **Awareness Program on Menstrual Hygiene** on 29th January 2024 with in the collaboration of Campus Konnect.

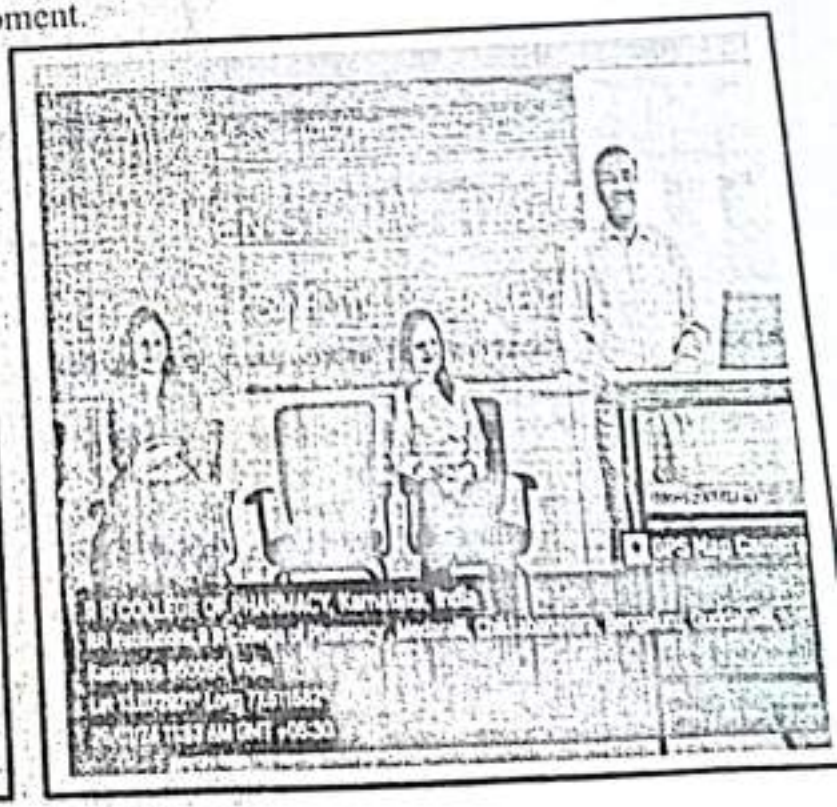
Venue- LH8 time- 11:30AM to 1:00PM.

The program was inaugurated by our chairman Sri Y. Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B ,Chief Guest Mrs.Deepamala Principal of RR College of physiotherapy, Speaker shri Lakshmi Hegde & all staff members have also participated.

The welcome speech and the addresses gathering was done by Dr. Deeparani Urologin professor &HoD department of pharmacology.

The speaker shri Lakshmi Hegde started her speech about Good menstrual hygiene is essential for the health and dignity of girls and women. Discussions on menstrual hygiene are important for adolescent girls to clarify existing myths and misconceptions around menstruation. Improving menstrual hygiene is important from the point of view of personal comfort and increased mobility. It also reduces the likelihood of infections resulting from poor hygiene practices during menstruation. Providing girls with knowledge and skills on maintaining menstrual hygiene improves the personality development.





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Impact: By the end of the program students understood the basic elements of menstruation and menstrual hygiene. Proper use and safe disposal of sanitary napkins how to communicate the benefits of sanitary napkins and motivate girls in the use of sanitary napkins.

All the participants received the kits after the completion of the program.

Dr. Deeparani Urologin Professor &HOD Department of pharmacology has conveyed the vote of thanks to the management, Principal and Chief guest Mrs Deepamala,speaker Shri Lakshmi Hegde and all the participants for the grand success of the program.

Co-Ordinator
Mr Ritish N

IQAC Director
Dr. Vachala

Principal
Dr Narayanaswamy V B
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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Date: 29/01/2024

Attendance

Awareness Program On Menstrual Hygienic

Sl.No	Name	Department/Course	Signature
1.	Mavilla Anusha	II Pharm D	Anusha
2.	Poornima P.M	II Pharm D	Poornima
3.	Jaccapan K	2nd pharm D	Cap
4.	Sree Lekshmi S	II pharm D	Sree Lekshmi
5.	Fathima Ashna PT	II Pharm D	Fathima
6.	Anjana Dileep	II pharm D	Anjana
7.	Apoorva Singh	II Pharm D	Apoorva
8.	Aishwarya P Kori	II Pharm D	Aishwarya P Kori
9.	Ishita Das	II Pharm D	Ishita
10.	Shravani Ananth kumar	II pharm D	Shravani
11.	Jeni Debnath	II Pharm D	Jeni
12.	Tanziya Rahaf	II Pharm D	Tanziya
13.	Keerthi S	II Pharm D	Keerthi
14.	Shwethi	II Pharm D	Shwethi
15.	V Pavanita Reddy	II Pharm D	V Pavanita Reddy
16.	Ruchi Gupta	5th sem, B. Pharm	Ruchi
17.	Neha Gupta	5th sem, B. Pharm	Neha
18.	Jyoti kumari Sah	6th Sem, B. Pharm	Jyoti
19.	Rabakanden Lyngdoh Lyngkhoi	5th sem, B. Pharm	Rabakanden
20.	priyanka Tripathi	5th sem B. Pharm	Priyanka
21.	Bhoomavathi Rao	5th sem B. Pharm	Bhoomavathi
22.	Bishnu maya Tharu	5th sem B. Pharm	Bishnu
23.	Anjita Chaudhary	5th sem B. Pharm	Anjita
24.	Disha Bera	5th sem	Disha
25.	Hanthoughaki	5th sem B.Pharm	Hanthoughaki
26.	Kusuma	5th sem B.Pharm	Kusuma
27.	Praopathi M	5th Sem B.Pharm	Praopathi
28.	Pallavi HB	5th sem B.Pharm	Pallavi
29.	Thanuja BN	5th sem B.Pharm	Thanuja
30.	Rakshitha B S	5th Sem B. Pharm	Rakshitha
31.	Shilpashree D C	5th Sem B. Pharm	Shilpashree
32.	Lavanya S	5th Sem B. Pharm	Lavanya
33.	Asna Taj	5th Sem B. Pharm	Asna
34.	Akshitha Bhola	5th sem B. Pharm	Akshitha
35.	Thejaswini K S	5th sem B Pharm	Thejaswini
36.	Bhavya G	5th sem B.Pharm	Bhavya

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NSS COMMITTEE

PKM Educational trust

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.
Organizes

MEGA HEALTH AND BLOOD DONATION CAMP

27TH FEB 2024

in collaboration with Pharmacy Practice Dept. & NSS Unit

Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Organized by
Dr. E. SATHEESH KUMAR
Mr. HARISH. N

Principal

Dr. NARYANASWAMY V B

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RR COLLEGE OF PHARMACY
Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade
NSS COMMITTEE

PROGRAMME REPORT

MEGA HEALTH AND BLOOD DONATION CAMP
27TH FEB 2024

Submitted to
IQAC - RRCOP

By

DR. E. SATHEESH KUMAR
HOD & Professor
Department of Pharmacy Practice

Mr. Harish.N
Assistant Professor
Department of Pharmacology

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R R INSTITUTIONS
PKM Educational Trust®
BANGALORE – 560090.

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

A Mega health and Blood donation camp was organized by our NSS unit and Pharmacy Practice department of R R College of Pharmacy, Chikkabanavara, Bangalore-560090 on 27th February 2024, in collaboration with Lions blood bank and various hospitals throughout Bangalore on auspicious birthday of honorable Shri. H.R. Kiran –Secretary PKMET®. A Mega health and Blood donation camp was inaugurated by Shri. Raja Reddy – chairman PKMET® Shri H.R. Kiran –Secretary PKMET® ,presided by Shri H R Arun - Director PKMET® Dr. Narayana swamy Principal R R college of pharmacy Chief guest and Guest of honour Around more than 523 students and 98 faculty members and 367 citizens were Utilize the camp benefits more than 150 units of blood was donated by both students and the staff members. The college has been religiously organizing blood donation and Mega health check up every year students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it, also hospitals from different part of Bangalore involves in this event by providing various treatments from different specialists.

1	Name of the Activity/Event	MEGA HEALTH AND BLOOD DONATION CAMP			
2	Date of Activity/Event	27th February 2024			
3	Organized by/Name of the committee	NSS UNIT & PHARMACY PRACTICE DEPARTMENT			
4	Name of the Association	Lions Blood Bank, PrakriyaHospital, NRR Hospital, Sapthagiri Medical College and Hospital, Sparsh Hospital, Partha Dental, KLE Dental college, People tree hospital, Micro Labs and KAPL.			
5	Place of Activity/event	R R COLLEGE OF PHARMACY, BANGALORE.			
6	Type of activity/Event	Blood Donation and Mega Health check up			
7	Activity/Event objectives	1. To collect blood units but also to make students aware about blood and its benefits. 2. It was an effort to motivate students to come forward and donate for this noble cause. 3. First time donors need to be encouraged so that once the initial hesitation/ fear goes away, the donor will look forward to such camps in near future too. 4. To provide free medical check-up and medicine distribution			
8	Participation	Students	Faculty	citizens	Total Participation
		523	98	367	988
9	Enclosures	1. Report 2. Photos			

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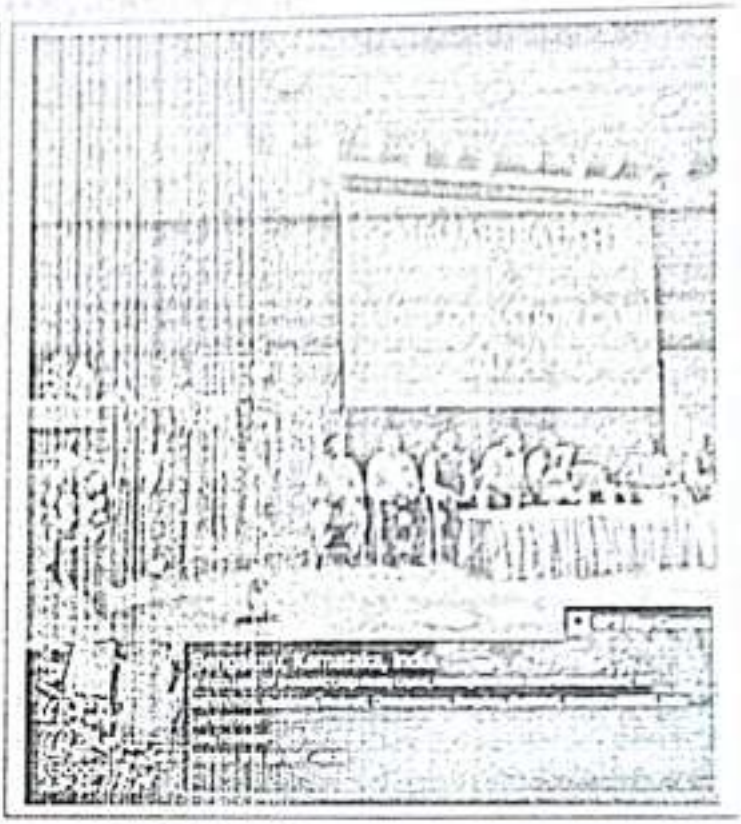
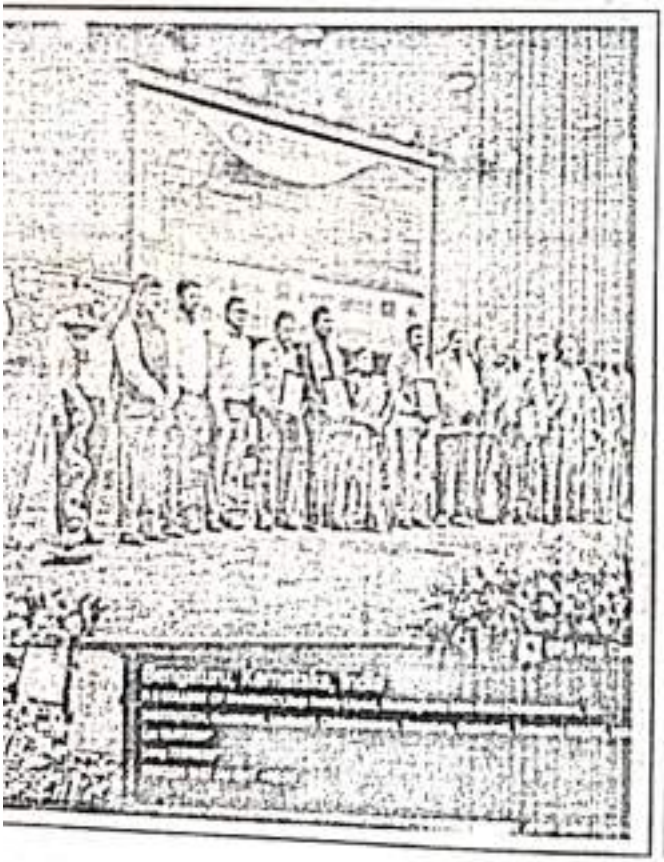
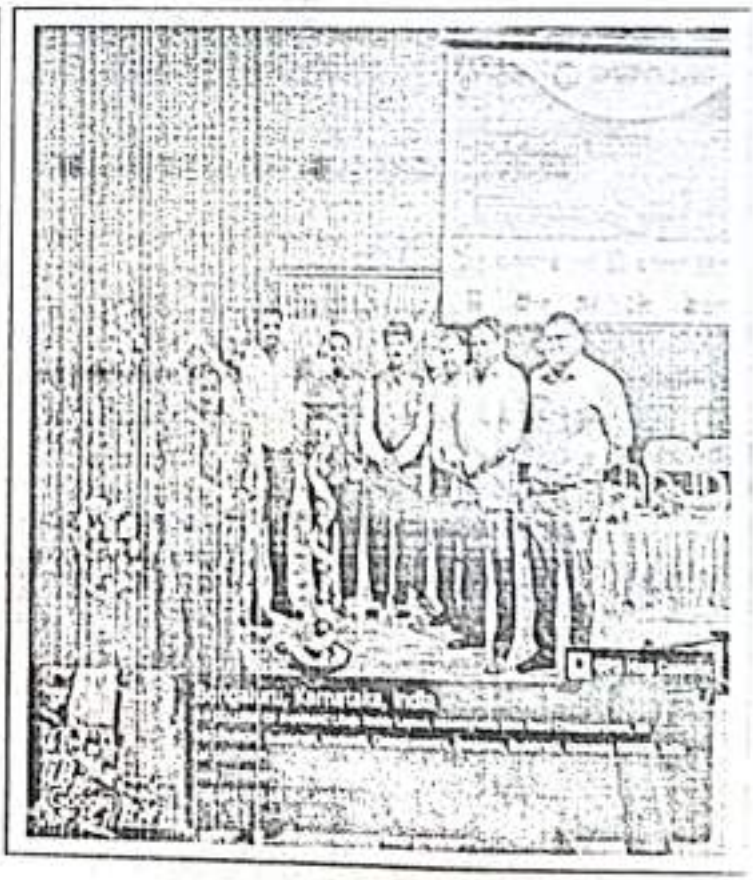
PR COLLEGE OF PHARMACY
Chikkasandra, Bangalore-560090
NSS COMMITTEE







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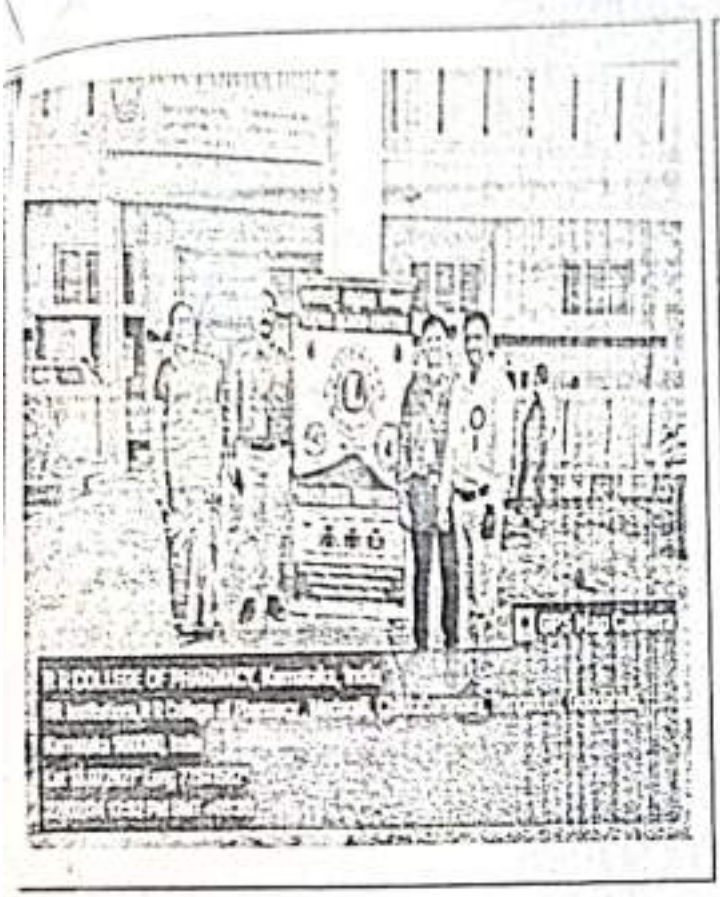
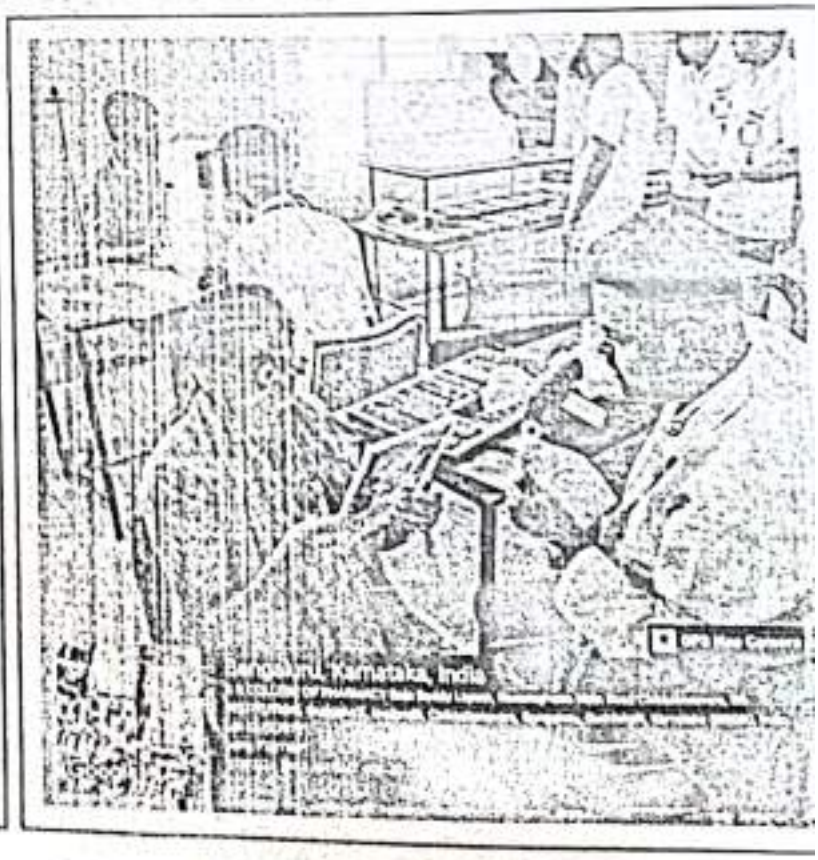
RR COLLEGE OF PHARMACY
Chikkabommasandra, Bangalore-560 090
NSS COMMITTEE





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RR COLLEGE OF PHARMACY

NSS COMMITTEE

Certificate Distributions

1. **Volunteer Certificates:** Certificates were awarded to volunteers who dedicated their time and effort to ensure the smooth operation of the camp. These certificates recognize their valuable contributions to the success of the event.

2. **Donor Certificates:** Individuals who participated in the blood donation drive received certificates as a token of appreciation for their altruistic act of donating blood. These certificates serve as a reminder of their role in saving lives and making a difference in the community.

3. **Healthcare Professional Certificates:** Certificates of participation or appreciation were presented to healthcare professionals who provided their expertise and services during the camp. These certificates acknowledge their commitment to promoting health and well-being.

4. **Organizer Certificates:** Certificates were issued to members of the organizing committee and partner organizations to recognize their efforts in planning and executing the camp. These certificates highlight their leadership and dedication to the success of the event.

Certificates were issued at the Mega Health and Blood Donation Camp to acknowledge and appreciate the participation and contribution of volunteers, donors, healthcare professionals, and other stakeholders. The issuance of certificates aimed to recognize individuals' efforts and encourage continued engagement in community health initiatives.

The issuance of certificates at the Mega Health and Blood Donation Camp was an important aspect of recognizing and appreciating the contributions of participants and stakeholders. By acknowledging their efforts, we hope to inspire continued engagement in community health initiatives and strengthen the collective impact on public health.

NSS & Program Coordinator

IQAC Coordinator

R.R. College of Pharmacy IQAC Bangalore

Principal

PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
01	Venkatesh. p	9740593514	RRCP
02.	Satyabhama	9241091795	RRCP
03	Abdul Wajid	9886359713	Medonahalli
04	Suvi Sasi	8075814503	PP physio
05.	Anamika k.s.	8971051723	RP —"—
06.	Aparna. S.	9587325010	RR —"—
07.	Aparnika. S.	9061429632	RP —"—
08	Arya Ajay	8548724497	PP —"—
09	Kavya kishore	8938503316	RP —"—
10	Karthik	8095075833	RR AHS.
11	Srinivas Gowda. RC.	7619586780	RR AHS.
12	Allu umar	6235045687	RR physio
13.	Nishad S Mohammed.	9605936305	RR physio
14	Spoorthi	8792141638	RR Medical Science.
15.	Jessick John	8148171004	RR physio
16.	David	8787[illegible]8671	RR physio
17.	Anil Kumar	8861909758	RR AHS.
18	~~Sanjay~~ Syed Kamran	9741909710	RRAHS
19	Sai Kiran	9945306196	RR physio.
20	Manjuna	9881556545	RR CP.
21	Ashwin kotian	6363099594	RRCP. (NCP)
22	Nishanth K	6361247859	RRCP
23	Bhagylakshmi	8123334516	RRCP
24	Vishnu	8848850285	RRAHS
25	Robin	7736517596	RRAHS
26	Leo Issac	6363753095	RRAHS.
27	Sujatha	8147593959	RRCP
28	Vijaya	7795685698	RRCP.
29	Pankaja	9880314992	RR polytechnic.
30	Chavan Ranjeethkaur	8177813384	RR MIT
31	Pankaja	7760714293	RR AHS.
32	Karthik Srinivas	8714831844	RR AHS.

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R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
33	Akshay H.k	7795146926	RR AHS.
34	Akshita prasad	9400625975	RR AHS.
35	Alen Shajan	9544120569	RR AHS.
36	Jesly kurian	8156816415	RR AHS.
37	Anju k vijay	7356470764	RR AHS.
38	Suvarnamma	7406587038.	Medanahalli
39	Manjula	7406587038	Medanahalli
40	priyanka	6362212566	RRCP
41	Memorable	9612724601	RRCP
42	Lingamma	9986789937	RRCP
43	Jai Maria	8330884783	RRCP.
44	Yathin krishna	7736695069	AHS.
45	Ananthu prasanna	9562327931	AHS.
46	Ashar	9656228132	AHS.
47	Akhil	7736257228	AHS.
48	Leathi	8660664694	Trust office
49	Ananthika	9947992248	AHS.
50	Afreen	8078460717	AHS.
51	Srinivas	9620088790	RRIT
52	Timmarayappa	9241086624	Chikkabanavara.
53	lohith kumar	8553201006	RRIT
54	Safna.p.s	8943577904	AHS.
55	Aleena M.I	6282770133	AHS.
56	Nandana	9188254595	AHS.
57	vidya	9655868699	AHS.
58	Md. Mihraz	6282364359	AHS.
59	Abinav	8345759557	AHS.
60	Jinson	8943396977	AHS.
61	Esther fernands	9004936507	chikkabanavara.
62	Maya	8296779904	RRCP
63	Thejashree	5864756715117	RR office.
64	Aavani	8129458886	RR Management.

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R R COLLEGE OF PHARMACY

14th Mega Health and Blood Donation Camp

27/02/2024

Sl no	Patient Name	Mobile No	Address
65.	Anju Aleyamma thomas	9544990814	RRNC
66.	Aruna Azlok	8086216753	"
67	Nandhana Saiju	8921083048	"
68	Abhirami	9539846247	RRNC
69	Jerlin	8921982337	RRNC
70	Jacob	8590946499	RRNC
71	Evan	6782993315	"
72	Ripa Long Chirang	8837053306	"
73	Ebinj	9933258872	"
74	Jeneesha	8139075014	"
75	Payal	8138890627	"
76	Leburi	8800162553	"
77	Mampi	9380602788	"
78	Chandani	7679407428	"
79	Kaithy	9304941346	"
80	Afrin	9102645610	"
81	Pooja Sunar	9366799337	"
82	Stanzindeche	6005481388	"
83	Anjali Sebastian	8606129432	"
84	Mirza aneesh	9037254673	"
85	Aravind	8606341843	"
86	Harsheetha	9110451385	Management
87	Jomol Jose	8921039368	RR Nursing
88	Jasrena Begum	8105957426	Abbigere
89	Shani	8606235763	RR Nursing
90	Akshaya	9207451980	"
91	Anjali	7510940091	" (502)
92	Rohita	6235235258	"
93	Maria	9061280523	" (504)
94	Shreyasi Roy	9064841986	"
95	Megha Mukherji	8584022102	" (506)
96			

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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NSS COMMITTEE

PK M Educational Trust(R)

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90.

Organizes

BODH "One Day Awareness Program on Drug Abuse Prevention"

In collaboration with IQAC & NSS unit

Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr. HARISH.N

Principal
Dr. NARYANASWAMY V B

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PROGRAMME REPORT

BODH DRUG ABSUE DAY CELEBRATION ON 9Th MAR 2024

Submitted to
IQAC - RRCOP

By
MR. HARISH N
Assistant Professor
Department of Pharmacology

R R COLLEGE OF PHARMACY
RR INSTITUTIONS
PKM Educational Trust ®
BANGALORE – 560090.

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RR COLLEGE OF PHARMACY
Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade

NSS COMMITTEE

Report On Social and Health Awareness

"One Day Awareness Program on Drug Abuse Prevention"

1	Name of the Activity/Event	SOCIAL AND HEALTH AWARENESS
2	Date of Activity/Event	09/03/2024
3	Organized by/Name of the committee	NSS UNIT.
4	Place of Activity/event	BANGALORE
6	Type of activity/Event	SOCIAL AND HEALTH AWARENESS
7	Activity/Event objectives	1. It was an effort to create social and health awareness in the community

8	Participation	Students	Faculty and Volunteers	Total Participation
		80	40	120

9 Enclosures

1. Report
2. Photos

This year as part of Awareness program We conducted **"One Day Awareness Program on Drug Abuse Prevention "**for the Students of R R College of pharmacy. For this program All the Teaching Staff, DJJS Volunteers, Nonteaching staff, including students of R R College of pharmacy took part in **Awareness Program on Drug Abuse** on 9th March 2024 with in the collaboration of Divya Jyoti Jagrati Santhan.

Venue-RRCOP Seminar Hall time- 11:30AM to 1:00PM.

The program was inaugurated by our chairman Sri Y. Raja Reddy, Secretary Sri. Kiran H R, Director Sri. Arun H R, Principal Dr. Narayanaswamy V B , Volunteer of Mr. Pavan and his team.

The welcome speech and the addresses gathering was done by Mr. Harish N Assistant Professor Department of Pharmacology.

The Volunteer of Mr. Pavan and his team started there speech about Drug abuse. Discussions on Drug Abuse Prevention are important for Youths. And they gave some activities to students to get awareness about the drug abuse and its side effect in the future life.

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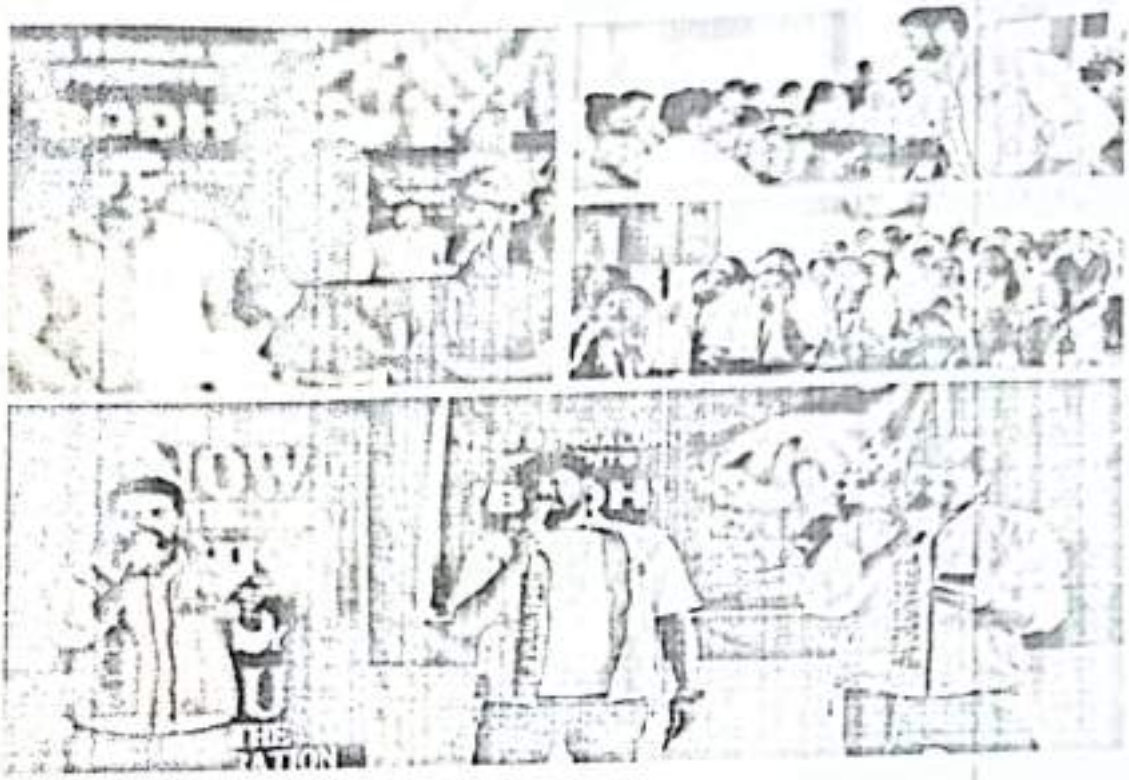

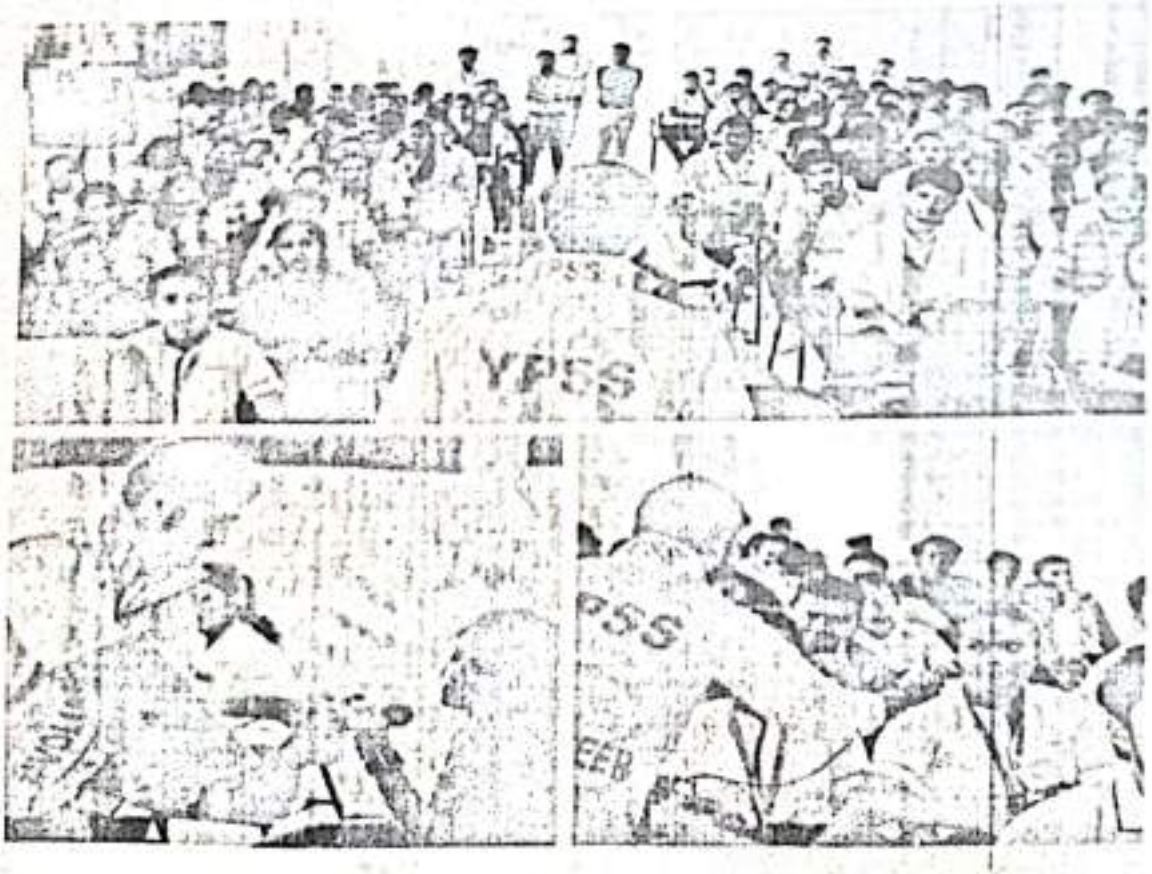

Impact-

Student got the knowledge about highly experienced in treating drug addicted youth. Inputs on remedies available for drug addicts was an added advantage as youth with addiction could benefit from this, they interacted with the students by demonstrating on a student and physically showing the various body parts which would gradually get into trouble due to the side effects caused by addiction. He sensitized the youth to prevent themselves getting into drug abuse.

The point that the use of tobacco, alcohol, and other drugs are the biggest problems people are facing today. They also conveyed that, "There are no guarantees that someone you love will not choose to use drugs, but you can influence that decision by, Not using drugs yourself and Providing guidance and clear rules about not using drugs".

Co-Ordinator
Mr. Harish N

IQAC Director
Dr. Vachala

Principal
Dr. Narayanaswamy V B

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkajala, Bengaluru-560090

NSS COMMITTEE

Awareness on drug abuse

Date: 09-03-24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Rupa	D. Pharm	
2.	Rocky	D. Pharm	
3.	Supriya	Pharma D	
4.	Nikhil	D Pharma	
5.	Nikita	B. Pharm	
6.	Abhi	D. Pharm	
7.	Ramesh	B Pharma	
8.	Akash	Pharm D.	
9.	Akhil	Pharm D.	
10.	Nikhil	B. Pharm	
11.	Anusha	Pharma D	
12.	Sitha	D. Pharm	
13.	Soujas	B Pharma	
14.	Dikshitha	Pharma D	
15.	Rishi	D. Pharm	
16.	Dharma	Pharm D.	
17.	Disha	B Pharma	
18.	Hitharsh	D Pharma	
19.	Bheema	B. Pharm	
20.	Chandrashyama	D. Pharm	
21.	Kavya	Pharm D.	
22.	Vidya	D. Pharma	
23.	Harshita	D. Pharm	
24.	Rakesh	M. Pharm	
25.	Madhura	Pharma D	
26.	Arjun	D. Pharm	
27.	Priyanka	Pharma D	
28.	Suresh	B. Pharm	
29.	Jayalakshmi	B Pharma	
30.	Maiya	Pharma D	
31.	Kanhaiya	D. Pharm	
32.	Harshitha	Pharma D	
33.	Kavita	Pharm D.	
34.	Anupama	Pharm D	
35.	Ibleas Ibrahim	B. Pharm	
36.	Anandita	B. Pharm	

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090
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NSS COMMITTEE

PK M Educational Trust(R)

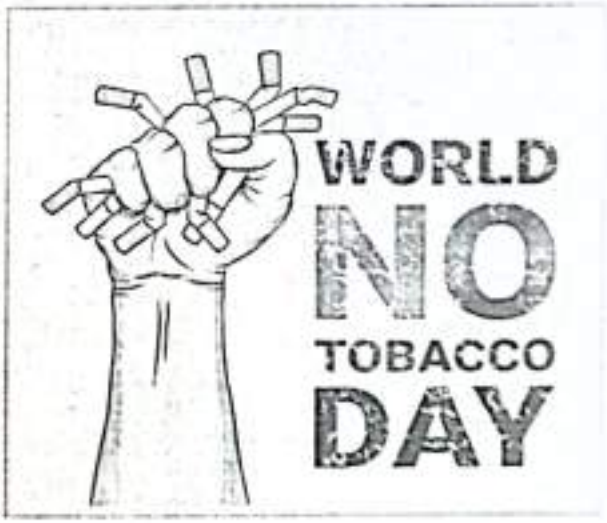
RR COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises

WORLD NO TOBACCO DAY

In Collaboration With IQAC & NSS Unit



Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr. HARISH. N

Principal
Dr. NARYANASWAM V.B.

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PROGRAMME REPORT

Social and Health Awareness Rally

WORLD NO TOBACCO DAY
ON 31ST MAY 2024

Submitted to
IQAC - RRCOP
By

MR. HARISH N
Assistant Professor
Department of Pharmacology
Faculty of Pharmacy

Since 1993

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NSS COMMITTEE

Report On Social and Health Awareness Rally
1.Tobbaco Day 31st may 2024
Theme- "Protecting Children from Tobacco Industry Interference."

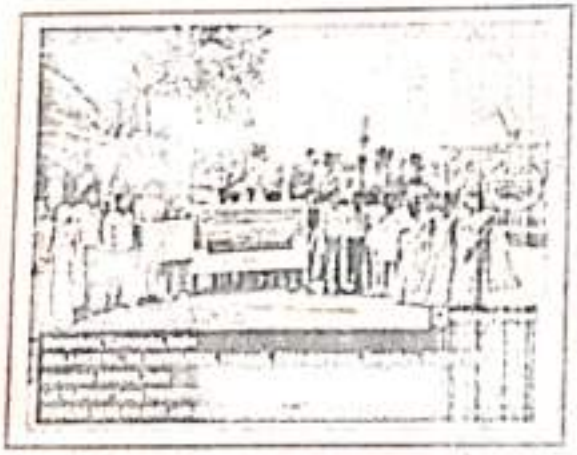
The NSS unit of R R College of Pharmacy, Bengaluru organized a rally on 31st May 2024 to spread social and health awareness on the World No Tobacco Day program. Dr. Narayana Swamy V.B. Principal RRCOP encouraged all the RRCOP NSS volunteers and students to participate in the rally. The rally started from the location R R Campus I Grounds, Bengaluru, to the main auditorium of R R institutions premises. In collaboration with RRIMS. The rally passed through the path of AGB Layout, chikkabanavara, and made people aware of the importance of social and health in the society and the nearby area. NSS program officer Mr Harish N made efforts to conduct the program smoothly. The teaching, and non-teaching staff members and students have actively participated in the program.

1	Name of the Activity/Event	RALLY ON SOCIAL AND HEALTH AWARENESS
2	Date of Activity/Event	31st May 2024
3	Organized by/Name of the Committee	NSS UNIT, PHARMACY Dept. RRIMS
4	Place of Activity/event	BANGALORE
6	Type of activity/Event	SOCIAL AND HEALTH AWARENESS
7	Activity/Event objectives	1. It was an effort to create social and health awareness in the community

8	Participation	Students	Faculty	Total Participation
		43	10	53

9 Enclosures

1. Report
2. Photos



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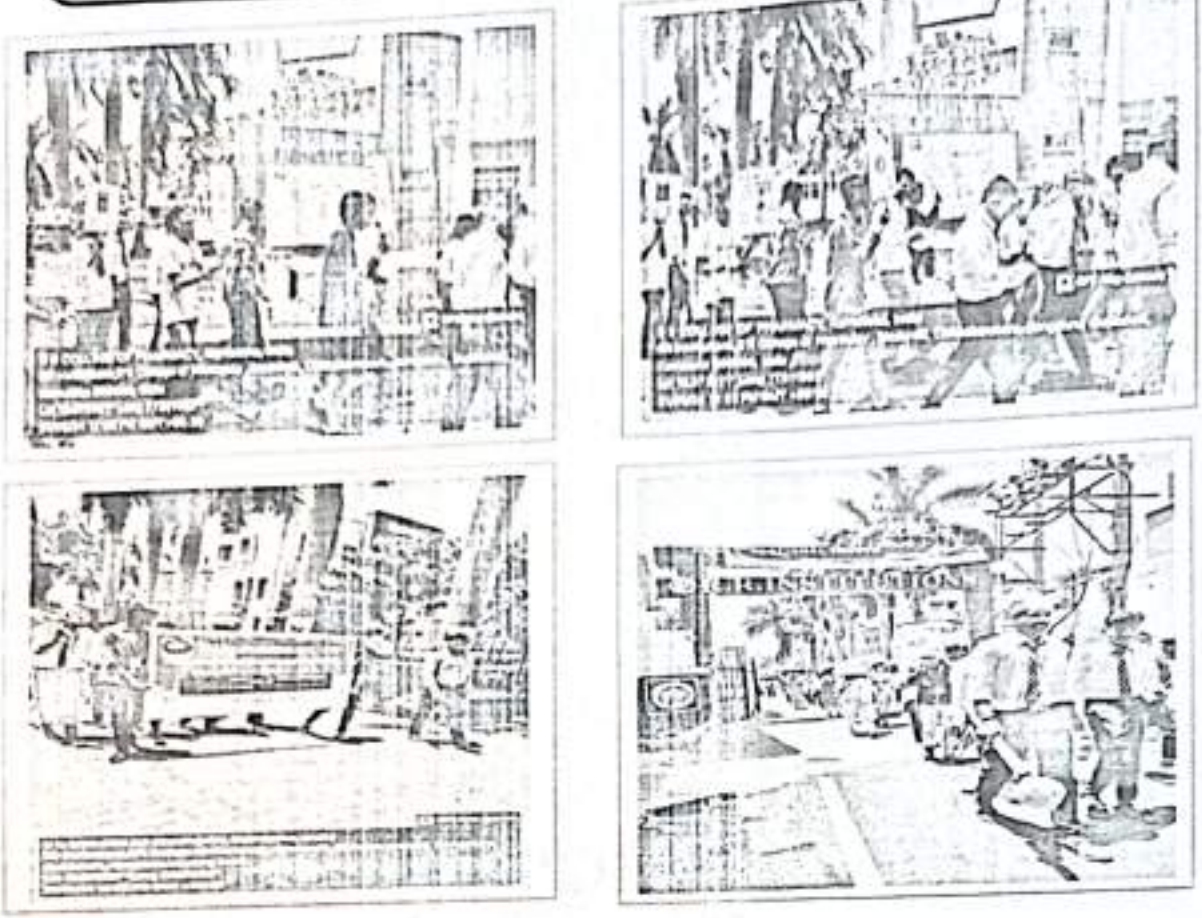

Conclusion:- World No Tobacco Day serves as a powerful reminder of the ongoing public health challenges posed by tobacco use. It calls for concerted efforts from governments, healthcare professionals, non-governmental organizations, and individuals to reduce tobacco consumption through education, policy interventions, and support for cessation programs. By working together, we can protect current and future generations from the devastating health consequences of tobacco and create healthier communities worldwide.

NSS Co-Ordinator

IQAC Director

Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date:31/05/2023

Attendance

No Tobacco day celebration

Sl.No	Student Name	Course	Signature
1.	Athil varghese	IV th pharm D	
2.	Akshath S	1st Pharm D	
3.	Aiaollah monthiruchelena	IV pharm D	
4.	Bisvajith Acharya	IV pharm D	
5.	ABLF Mustaq Khan	I st Sem. B ph	
6.	Fathima Ashna PT	1st Pharm D	
7.	Aneek sarkar	1st Sem B.ph	
8.	Arjun R K	1st sem B.pharm	
9.	Ajith Babu	1st Pharm	
10.	Diya Kotth	B pharm 1st sem	
11.	Kaveen S	1st Pharm D	
12.	Bhavana M	4th pharm D	
13.	Jyothi B	I st sem B pharm	
14.	Lavanya. K	1st Pharm D	
15.	Jain Maliya	4th —11—	
16.	Aishwarya Sarindam	M Pharm	
17.	Mantha Anusha	1 Pharm D	
18.	Kumari Kusum Lata	1st Sem B pharm	
19.	Ashwitha	M. Pharm	
20.	Nagalakshmi Jagnath	1st Pharm D	
21.	Mohammed Mohasin	1st B pharm	
22.	Ashwin C Rotam	M. Pharm	
23.	Rahul. V	1st Pharm D	
24.	Jyothika A	2nd —11—	
25.	Dharshini KRishnamurthy	M. Pharm	
26.	MD NUR ISLAM SK	2nd —11—	
27.	Ritik kumar	B pharm 1st	
28.	Karuna KC	M. Pharm	
29.	Nidhi Gupta	2nd —11—	
30.	V R Dhakshitha Reddy	1st Pharm D	
31.	Aditya Singh	IV th Sem B pharm	
32.	K. Prathibhathi	M. Pharm	
33.	Shabaz Bhardwaj	2nd —11—	
34.	Pranjit Hazra	M. Pharm	
35.	Uzair Kayar	1st sem B pharm	
36.	Sgoothi K.S.	2nd —11—	

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37.	Prathyusha N	M.Pharm	
38.	Chaitra T C	M Pharm	
39.	Kushal M	1st Pharm D	
40.	Arman Siddiqui	III Sem B Pharm	
41.	Abhishek J	M Pharm	
42.	Bhagya Rosen	M.Pharm	
43.	Mathew J Rugai	1st Pharm D	
44.	Cashem	VII Sem B Pharm	
45.	Tanzila Rabab	1st Pharm D	
46.	Ahmad Ahmad	M Pharm	
47.	Fardeen khan S.	3rd —	
48.	Nagendra Naik	M.Pharm	
49.	Deepthi M.J	M.Pharm	
50.	Athra Sumbalan	3rd —	
51.	Aishwarya Pillappa Kori	1st Pharm D	
52.	Gagana C.	III Sem	
53.	Nasir Khan	M.Pharm	
54.	Manjeshwari Bora	M Pharm	
55.	Izshad P	IV Sem B Pharm	
56.	Abdul Basith J B	M Pharm	
57.	Jami Debnath	1st Pharm D	
58.	Manoj kumar M	3rd —	
59.	Gayatri R K.	VIII Sem	
60.	Laiquithuanga	VIII Sem	
61.	Samir Pasha	M.Pharm	
62.	Priyanka A	3rd —	
63.	Apoorva Singh	1st Pharm D	
64.	MD Karthiyayini	III sem B Pharm	
65.	Shridevi Naik	M Pharm	
66.	Sindhu G kumar	3rd —	
67.	Yubraj yadav	III sem B Pharm	
68.	Akshata Das	M Pharm	
69.	Ishita Das	1st Pharm	
70.	Vivek K	V sem	
71.	Mohammed Mubashir	V sem	
72.	Suman Manna	V sem	
73.	Akila A.	1st Pharm D	
74.	Athira S	1st pharm D	
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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

Accredited by NAAC with 'A' Grade

NSS COMMITTEE

R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises

World Environment Day Celebration

IN COLLABORATION WITH IQAC & NSS UNIT

Chief Patron

Sri. Y. Raja Reddy

Patrons

Sri. Kiran H.R

Sri. Arun H.R

Co-Ordinator

Mr. HARISH.N

Principal

Dr. V.B. NARYANASWAMY

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RR COLLEGE OF PHARMACY
Chikkabanavara, Bangalore-560090
Accredited by NAAC with 'A' Grade
NSS COMMITTEE

PROGRAMME REPORT

World Environment Day Celebration
ON 5TH June 2024

Submitted to

IQAC - RRCOP

By

MR. HARISH N
Assistant Professor
Department of Pharmacology
Faculty of Pharmacy

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R R Institutions
PKM Educational Trust®
Bangalore – 560090

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

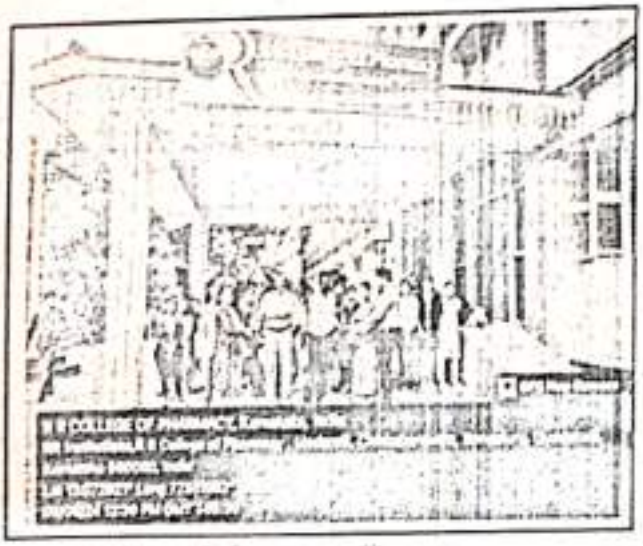
On 5th June 2024, NSS has organized a tree plantation program at R R College of Pharmacy. NSS has taken up a "Special Plantation Drive" under this program, we have located the area in the college campus, where we can go for the plantation program was inaugurated by chief guest Dr. Anuradha Prof. Sushrutha Institute of Ayurveda Medical Sciences & research center , Principal Dr. Narayanaswamy V B, NSS Co-ordinator Mr. Harish N and staff and students have also participated in the event.

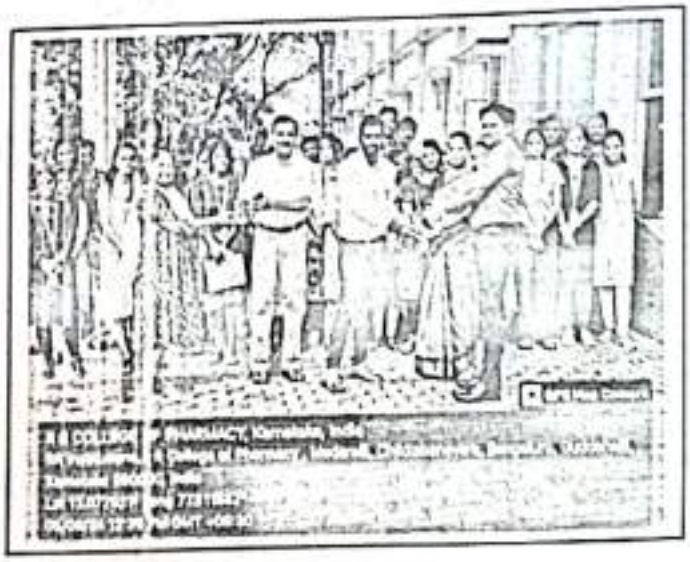
On that day we planted 20 samplings on the campus NSS volunteers took part in their program. The program started at 11.30 Am and concluded at 1.00 Pm.

NSS members have taken responsibility for one tree. All staff members, Students, and Volunteers actively participated in the plantation drive. We got the sampling from the horticultural department and nurseries. All of these events were very successful.

The NSS Special camp "Tree Plantation Drive" was conducted on 05th June 2024 in the R R College of Pharmacy surrounding villages. The idea behind the tree plantation activity was to propagate the message to the general public that planting trees helps to maintain a clear eco-friendly environment reduces pollution and improves the green ambiance. As we know trees are the foremost source for producing oxygen in the environment, they help to reduce the level of CO2. As the whole world is facing the problem of global warming and other environmental-related issues to recover from such a problem planting trees has become one of the most important aspects today. Tree plantation is a great way to increase NSS volunteers' interest in participating in the NSS special camp. The activity started at 11:30 A.M to maintain greenery. The NSS volunteers actively participated in the complete pre-planting and tree plantation activities. The main objectives of this activity is to create awareness among the NSS volunteers and the general public regarding the importance of the environment, the benefits of trees, and beautification in and around the village.

We thank all stakeholders involved in this endeavor and look forward to further collaboration and success in the journey ahead.





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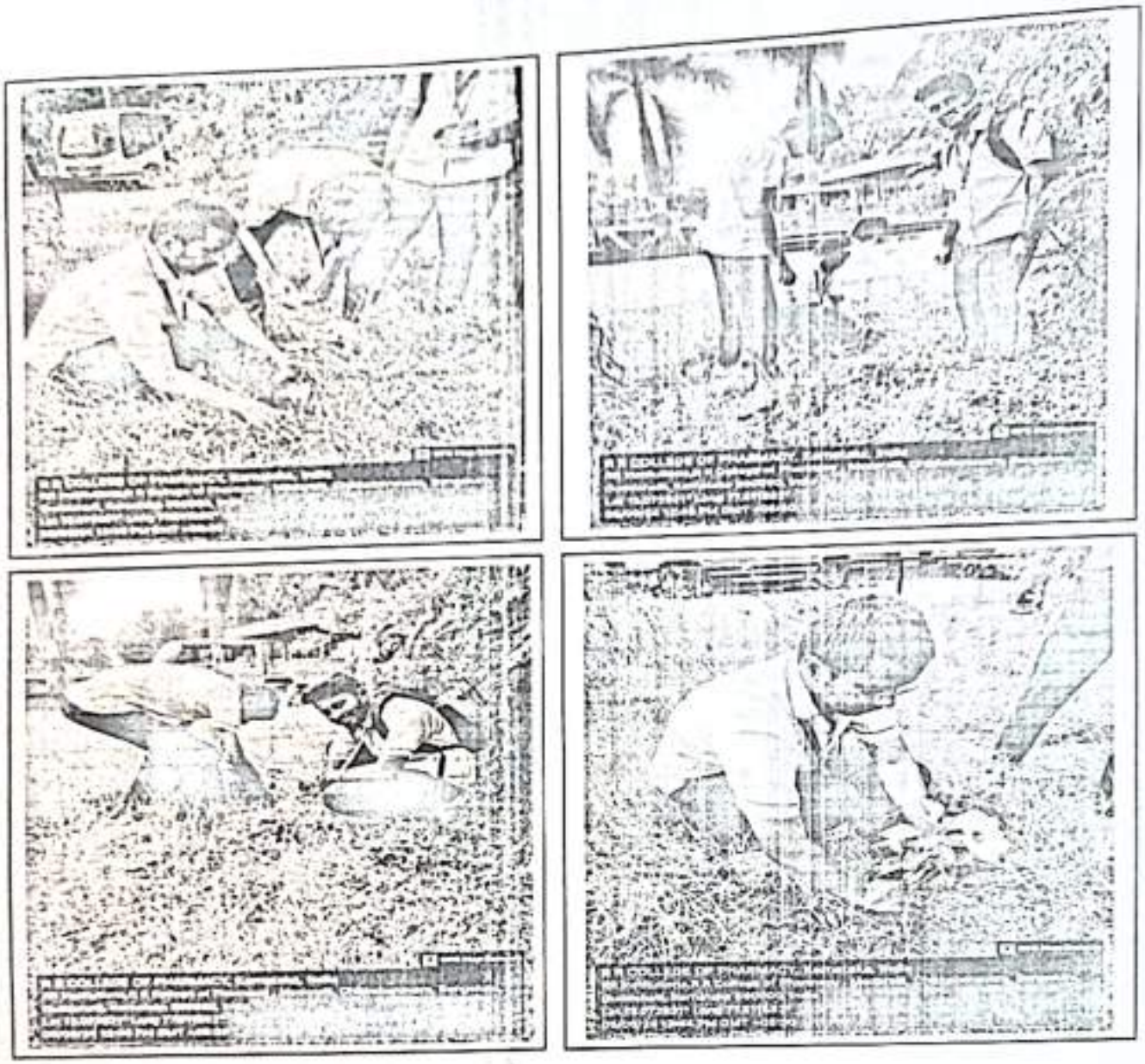

Conclusion-World Environment Day underscores the interconnectedness of all life on Earth and emphasizes the urgent need for sustainable practices in every aspect of human activity. It catalyzes raising awareness, inspiring activism, and fostering a global commitment to safeguarding our natural resources. By taking meaningful actions both individually and collectively, we can create a positive impact and ensure a healthier, more sustainable future for all living beings.

NSS Co-Ordinator

IQAC

Principal
PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Date:05/06/2023

Attendance

Tree Plantation Day

Sl.No	Student Name	Course	Signature
1.	Aman kumar Yadav	II pharm D	
2.	Anudhuti Ranjit	M.Pharm	
3.	Akshitha S	1st Pharm D	
4.	Vivek R	"	
5.	Haarinaam R.S	II pharm D	
6.	Amrein Ambat Roze mohd mithun	M.Pharm	
7.	Mugesh velan M	II pharm D	
8.	Lakshya Das	1st Pharm D	
9.	Samir Pande.	M.Pharm	
10.	Soumik Pal	II pharm D	
11.	V Dhanabhitha Reddy	1st Pharm D	
12.	Adarsha Jana	II pharm D	
13.	Anagha Ramachandran	1st Phar D	
14.	Lakshana. K	1st Pharm D	
15.	Ankitha M	II Phar D	
16.	Shree Lakshmi	"	
17.	Deeting N L	M.Pharm	
18.	M. Abdo Nashath	1st Phar D	
19.	Chandan G.M	II pharm D	
20.	Mainak Khan	M.Pharm	
21.	Mohammed Sidhan	1st Pharm D	
22.	Lalthu Pangen	1st "	
23.	Manoshan Boro	M.Pharm	
24.	Jyothika. R	II pharm D	
25.	Prathibha. I.B	M.Pharm	
26.	Mohammed Abu Sumaad	1st "	
27.	Sabhadeep Saha	M.Pharm	
28.	Nandan Anil kumar	II pharm D	
29.	Anshita Das	M.Pharm	
30.	Keerthana J	1st Pharm D	
31.	Aishwarya.		
32.	Ranjitha T.R.	II pharm D	
33.	Hanagundasagi	4th "	
34.	Dhwani Anand Kumar	1st "	
35.	Bhavanya. Pharm	1st "	
36.	Spoorthi K.S.	II pharm D	

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37.	Sugunta Begum	II pharm D	Sunanda
38.	Sunil Singh	4th Pharm D	Sunil
39.	[illegible]	1st Pharm D	[illegible]
40.	[illegible]	[illegible]	[illegible]
41.	Vaishnavi K	III pharm D	Vaishnavi
42.	[illegible]	1st Pharm D	[illegible]
43.	Kuruma N	4th [illegible]	[illegible]
44.	Donaginlyn Wahlang	III pharm D	[illegible]
45.	Nandish Das	4th [illegible]	[illegible]
46.	[illegible]	1st Pharm D	[illegible]
47.	Forbeen Khan S.	III pharm D	Forbeen Khan S.
48.	Sweta Hansda	4th [illegible]	Sweta
49.	[illegible]	[illegible]	[illegible]
50.	Nitika	III pharm D	[illegible]
51.	[illegible]	[illegible]	[illegible]
52.	[illegible]	1st Pharm D	[illegible]
53.	[illegible]	4th [illegible]	[illegible]
54.	[illegible]	[illegible]	[illegible]
55.	Sivani Siva Sankar	III pharm D	Sivani
56.	[illegible]	[illegible]	[illegible]
57.	DHANYA BHEES.	1st Pharm D	Dhanya
58.	[illegible]	4th [illegible]	[illegible]
59.	[illegible]	1st Pharm D	[illegible]
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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

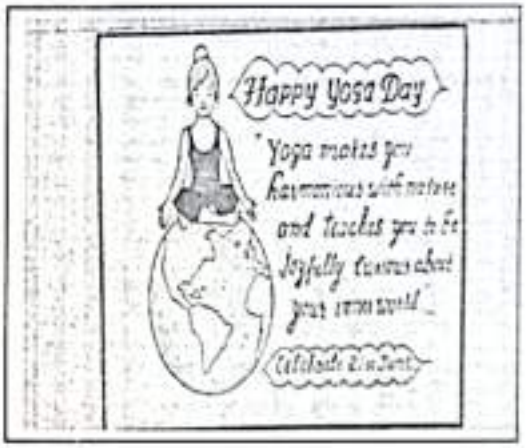
R R COLLEGE OF PHARMACY

Chikkabanavara, Bengaluru-90

Organises

INTERNATIONAL YOGA DAY

IN COLLABORATION WITH IQAC & NSS UNIT



Chief Patron
Sri. Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

Co-Ordinator
Mr.HARISH. N

Principal
Dr. V.B. NARYANASWAMY

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PROGRAMME REPORT

INTERNATIONAL YOGA DAY CELEBRATION ON 21st JUNE 2024

Submitted to

IQAC - RRCOP

By

MR. HARISH N
Assistant Professor
Department of Pharmacology
Faculty of Pharmacy

Since 1993

R R College of Pharmacy
R R Institutions
PKM Educational Trust®
Bangalore – 560090

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

The theme for International Yoga Day 2024 is **"Yoga for Self and Society."** This theme emphasizes the two-fold benefits of yoga practice: enhancing personal well-being and fostering a more positive and harmonious society.

This year the Yoga Day celebrations were held at R R institutions on the eve of international yoga day on 21st June 2024 to develop peace, harmony, happiness and success to every soul in the world. The session was held in our college premises. Students from B. pharm and Pharm.D, M.Pharm took part in the celebration. The inaugural speech was given by the chairman who emphasized the importance of Yoga and physical exercises in daily life. The session was attended by the faculties and staff with the principal leading from the front. The instructor started the session with prayer and explained how yoga embodies unity of mind and body. The participants there after performed various Yoga asanas. All yoga asanas were explained before performance. Finally, the session ended with meditation and prayer.

Activity Report

1	Name of the Activity	International Yoga Day-2024
2	Date	21-06-2024
3	Time and Venue	10.00AM / R R institutions
4	Mode (Online/Offline)	Offline
5	Organized by: Name of the Department/Activity Centre	National Service Scheme [NSS] in association with Dept of Physical Education, NCC and Health Club
6	Event Coordinator/ Faculty In-charge	Principal and NSS Coordinator
7	Topic/Activity	International Yoga Day Celebration
8	No. of Participants	102 students and 10 faculty members
9	Objectives of the activity	To sensitize the students about International Yoga day and the relevance of Yoga in our daily life
10	Methodology	An orientation about the importance of Yoga and 10th anniversary of International Yoga Day initiated by the GOI.
11	Outcome of activity	Positive outcomes such as increased awareness, health and well being. International Yoga day promoted holistic health, Cultural understanding, and Community engagement among students and faculty

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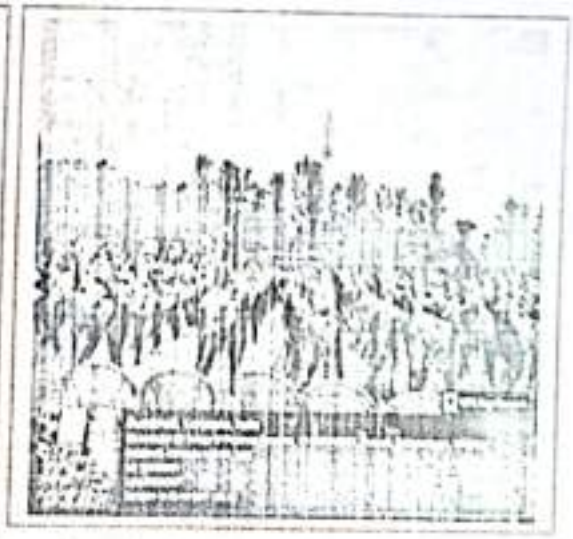
NSS COMMITTEE



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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

While International Yoga Day is celebrated on June 21st, the concept of yoga's benefits can serve as a powerful conclusion any day of the year. Here are a few options depending on the emphasis you'd like:

- **Holistic Wellness:** Yoga offers a unique path to cultivating well-being in mind, body, and spirit. By incorporating yoga into our lives, we can experience a greater sense of peace, strength, and inner balance.
- **Global Unity:** Yoga transcends cultures and backgrounds, bringing people together on a shared journey towards a healthier, happier life. This spirit of unity is a valuable reminder in our increasingly interconnected world.
- **Lifelong Journey:** Yoga is not a destination, but a lifelong exploration. As we continue to practice, we discover new layers of potential within ourselves, fostering a sense of growth and continuous development.

NSS Co-Ordinator

IQAC Director

R.R. College of Pharmacy IQAC Bangalore

Principal

PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

International Yoga day

Attendance

Date: 21-06-24

Sl.No	Name	Department/Course	Signature
1.	Lawrence	D. Pharm	
2.	Anupama	B Pharma	
3.	Lakshya	Pharma D	
4.	Keerthi	B Pharma	
5.	Shailendra	Pharma D	
6.	MD. Gajnafar	Pharma D	
7.	Aurangzeb	B Pharma	
8.	Chaitra	D. Pharma	
9.	Narendra	D Pharma	
10.	Lagan	B Pharma	
11.	Osama bin laden	Pharma D	
12.	Ushasri	B Pharma	
13.	Deepak	Pharma D	
14.	Pijush	D Pharma	
15.	Rekha	D Pharma	
16.	Solomon	B Pharma	
17.	Rekha	D Pharma	
18.	Niranjana	Pharma D	
19.	Roshini	B Pharma	
20.	Manasa	B Pharma	
21.	Bhumika	Pharma D	
22.	Punnya	D Pharma	
23.	Prasthuti	B Pharma	
24.	Prajwal	Pharma D	
25.	Chaitra	Pharma D	
26.	Nandeesh	Pharma D	
27.	Ganesh	B Pharma	
28.	Nandana	Pharma D	
29.	Tarun	D Pharma	
30.	Yasin	B Pharma	
31.	Alina	B Pharma	
32.	Sweetha	Pharma D	
33.	Sharath	D Pharma	
34.	Roopa	Pharma D	
35.	Geetha	B Pharma	
36.	Mahalingam	D Pharma	

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

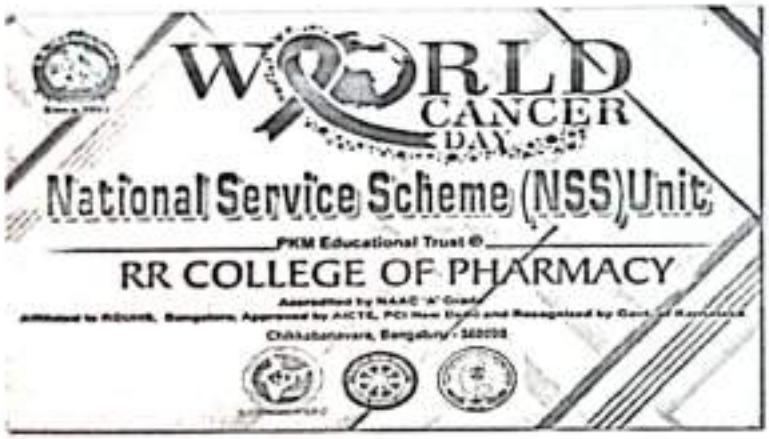
R R COLLEGE OF PHARMACY

Chikkabanavara,Bengaluru-90

Organises

Cancer Awareness Program

IN-COLLABORATION WITH IQAC & NSS UNIT



ChiefPatron

Sri. Y.Raja Reddy

Patrons

Sri.KiranH.R

Sri.Arun H.R

NSS Co-Ordinator

Mr.HARISH.N

Principal

Dr.V.B.NARYANASWAMY

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PROGRAMME REPORT

Cancer Awareness Program

ON 9TH Sep 2024

Submitted to

IQAC - RRCOP

BY

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy

Since 1993

RR College of Pharmacy

RR Institutions

PKM Educational Trust®

Bangalore – 560090

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Cancer Awareness Day is observed on Sep 9 at R R College of pharmacy. The day highlights the significance of increased awareness about cancer prevention and early detection for the general public. The National Cancer Control Programme was initiated in 1975 to provide cancer treatment facilities in the country. In India, nearly 1.1 million new cases are being reported annually. Two-thirds of cancer cases are diagnosed at an advanced stage, reducing patients' chances of survival. Various programs have been initiated to increase research on the prevention and early detection of cancer.

National Cancer Awareness Day is observed on Sep 9 at R R College of pharmacy to coincide with the birth anniversary of the Novel-prize-winning scientist Madame Curie. Born in Warsaw, Poland in 1867, Marie Curie is remembered for her discovery of radium and polonium, and her huge contribution to the fight against cancer. Her work led to the development of nuclear energy and radiotherapy for the treatment of cancer.

In India, nearly 1.1 million new cases are being reported annually. It is estimated that one woman dies of cervical cancer every 8 minutes in India. Tobacco (smoked and smokeless) use accounted for 3,17,928 deaths in men and women in 2018. Cancers of the oral cavity and lungs account for over 25% of cancer deaths in males and cancer of the breast and oral cavity account for 25% female Today, Dr. Harsh Vardhan advises that if detected early, cancer could be treated at a fraction of the cost that is incurred when diagnosed at an advanced stage. Its mortality rate is also lowered substantially if people report for screening when the earliest symptoms are manifested.

National Cancer Awareness Day: Significance

On this day, various healthcare organisations, government agencies, and non-profit groups collaborate to organise awareness campaigns, seminars, and screenings to mark National Cancer Awareness Day and work towards reducing the burden of cancer nationwide.

On this day many students are willing participated and interested in donating the stem cells to save the life's of the cancer patients.

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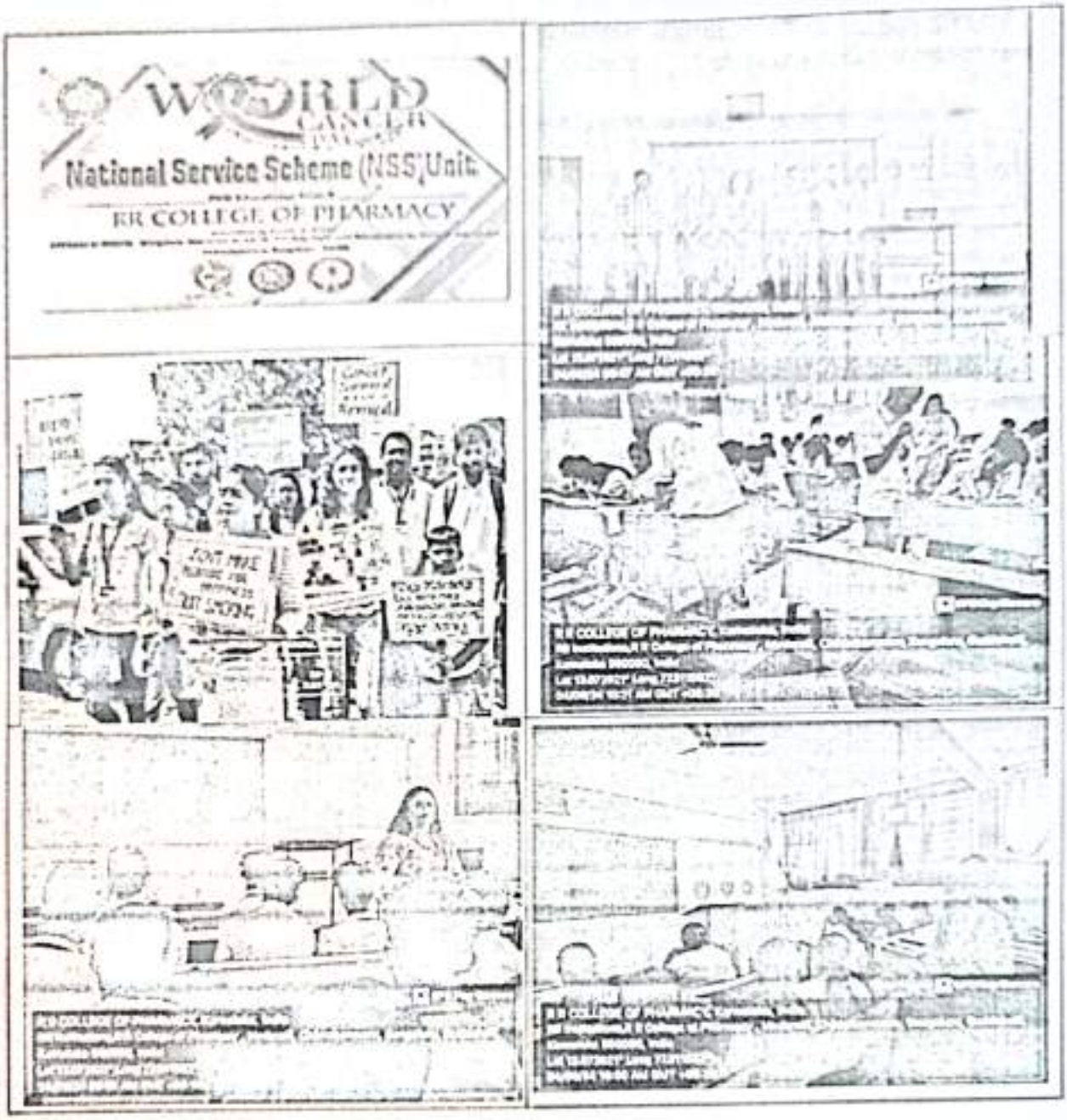

Co-Ordinator
Harish.N

IQAC Director
IQAC

Principal
RR College of Pharmacy

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R. R. College of Pharmacy

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Chikkabanavara, Bengaluru-560090

Since 1995

NSS COMMITTEE

Cancer awareness program

Date: 29/9/24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Akshay	D. Pharm	
2.	Aditya	D. Pharm	
3.	Rajit	D. Pharm	
4.	Rohit	Pharm. D.	
5.	Sohan	B. Pharm	
6.	Ajay	Pharm D.	
7.	Anjali	Pharm D.	
8.	Ankita	B. Pharm	
9.	Pihu	B. Pharm	
10.	Priya	D. Pharm	
11.	Rahul	D. Pharm	
12.	Kriti	Pharm D	
13.	Rina	Pharm D.	
14.	Arjun	B. Pharm	
15.	Anjali	B. Pharm	
16.	Anmol	B. Pharm	
17.	Kuyu	D. Pharm	
18.	BHAVESH	D. Pharm	
19.	Dipali	Pharm D.	
20.	Dileep	Pharm D.	
21.	Prema	Pharm D.	
22.	Shanti	D. Pharm.	
23.	Jimi	D. Pharm	
24.	Ramya Shetty	Pharma D	
25.	Lawrence Bishnoi	Pharma D	
26.	Ashwini	B. Pharma	
27.	Salman Khan	D. Pharma	
28.	Hemanth	Pharma D	
29.	Lakshmi	B. Pharma	
30.	Rajendra	B. Pharma	
31.	Savitha	Pharma D	
32.	Ruthu	Pharma D	
33.	Bhoomi	B Pharma	
34.	Harsha	Pharma D	
35.	Sagar	Pharma D	
36.	Priya	B. Pharma	

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R R COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

PKM Educational trust®

R R COLLEGE OF PHARMACY

Chikkabanavara,Bengaluru-90.

Organizes

'SWACHCHTA HI SEVA' PROGRAMME

BY

NSS UNIT

मेरी भारत

SWACHHATA HI SEVA 2024

17th September - 2nd October 2024

Swabhav Swachhata, Sanskaar Swachhata

Chief Patron

Sri.Y.RajaReddy

Patrons

Sri.KiranH.R

Sri.Arun H.R

Organized by

Mr. HARISH. N

NSS Program officer

Principal

Dr. NARYANASWAMY V B

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PROGRAMME REPORT

'SWACHCHTA HI SEVA' PROGRAMME
From 17th Sep to 02nd Oct 2024

Submitted to
IQAC - RRCOP

By

Mr. Harish. N
NSS Program Officer
Assistant Professor
Department of Pharmacology

R R COLLEGE OF PHARMACY
R R INSTITUTIONS
PKM Educational Trust®
BANGALORE – 560090

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Event Details: 'SWACHCHTA HI SEVA' PROGRAMME

From 17th Sep to 02nd Oct 2024

Date: 17/9/2024 & 02/10/2024

Location: R R COLLEGE OF PHARMACY

Organized By: NSS Unit R R College of Pharmacy

Inauguration By: Dr. Iftikhadar Fareed ,
Syndicate Member RGUHS and Chairman State Council Applied Health Sciences Karnataka was present as the chief guest.
Dr. Ramakrishna Reddy Professor BMC and former RGUHS Registrar Evaluation.
Dr. Sai Kumar Principal of Sanjay Gandhi Physiotherapy College and Senate member.
Dr. Venktagiri Gowda RGUHS Syndicate member were the guest of honors.
The event was preceded by **Sri.Y.RajaReddy** Chairman PKMET
Shri. H R Kiran Secretary PKMET **Shri. H R Arun** Director PKMET and **Dr. Narayanaswamy V B** Principal R R College of Pharmacy, Chikkabanavara, Bangalore-90.
Local community members, students, NGOs, government officials

Participations	Students	Faculty & volunteer	Total
	131	53	184

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Event Details:

'SWACHCHTA HI SEVA' PROGRAMME
From 17th Sep to 02nd Oct 2024

"Swachhata Hi Seva" (Cleanliness is Service) is an initiative launched by the Government of India to promote cleanliness and sanitation across the country. This campaign focuses on mobilizing citizens to participate in cleanliness drives, raise awareness about the importance of hygiene, and engage in activities that contribute to a cleaner environment.

Key Aspects of the Campaign:

Objective:

- To foster a culture of cleanliness and hygiene among citizens.
- To highlight the significance of sanitation in daily life and its impact on health and well-being.

Activities:

- Organizing cleanliness drives in public spaces, schools, and communities.
- Workshops and awareness programs to educate people about waste management, sanitation practices, and the importance of keeping surroundings clean.

Encouraging individuals and organizations to adopt sustainable practices and reduce plastic

Participation:

- The campaign invites participation from various stakeholders, including local communities, schools, colleges, NGOs, and government bodies.
- Volunteers often join hands to clean public places, which not only helps in physical cleaning but also strengthens community bonds.

Impact:

- Increased awareness regarding hygiene and sanitation practices.
- Improved cleanliness in many urban and rural areas.
- Enhanced community participation and ownership of public spaces.

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The "Swachhata Hi Seva" (Cleanliness is Service) program was conducted by NSS Unit from R R College of pharmacy on the occasion of this program the volunteers of NSS, faculties, students were involved in the cleanliness of the surrounding premises of the college and the special cleanliness program was conducted at government primary school medaralli chikbanavara Bangalore, and the rally of the awareness program of "Swachhata Hi Seva " and Blood donation was conducted from shettyhalli village to the chikbanavara. In the collaboration with the lions club the special blood donation camp was organized in the college.

NSS volunteers involved in cleaning the campus and participating in Clean Campus' campaign towards Swachhata Seva program. Library cleaning, laboratory cleaning, ground cleaning, canteen cleaning was done by the NSS volunteers and motivated their peers to maintain clean institution, clean home thereby clean nation.

As a part of "SWACCH HI SEVA", a rally was organised by NSS students along with NSS coordinators, raising slogans of Swachh Bharath and carrying the placards displaying messages to sensitize the students about clean environment and plastic free environment. Volunteers performed skit to free the country from the menace of plastic pollution, promote the usage of alternatives to plastics, usage of environment friendly materials like cloth bags & plates made of areca leaves.

Enclosures	**1. Report**
	2. Geo-Tagged Photos

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Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

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Outcomes:

- The campaign has led to a significant increase in the number of people engaged in cleanliness activities.
- Communities have reported better health outcomes due to improved sanitation practices.
- Recognition and awards for exemplary efforts in cleanliness by various organizations and individuals.
- Blood Donations:More than 150 units of blood were collected during the camp, exceeding the initial target. This will help address the ongoing need for blood transfusions in hospitals and emergency situations.

Conclusion:

"Swachhata Hi Seva" has played a crucial role in promoting a cleaner and healthier India. Through community engagement and awareness, the initiative has not only improved public spaces but also instilled a sense of responsibility among citizens towards maintaining cleanliness and sanitation. Continued efforts and participation are essential to sustain the momentum and achieve long-term cleanliness goals.

We extend our sincere gratitude to all volunteers, healthcare professionals, Students, and attendees who contributed to the success of the 'SWACHCHTA HI SEVA' and Blood Donation Camp. Your support and dedication made a significant impact on the lives of many individuals in our community

Signature of NSS Programme Officer
HARISH. N

Signature of Principal
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

NSS COMMITTEE

Swachchta HI Seva program

Date: 17/9/24
02/10/24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Seethal	D. Pharmacy	
2.	Kusuma	D. Pharma	
3.	Prameed M	B. Pharma	
4.	Arbian	D. Pharma	
5.	Neteravati	Pharma. D	
6.	Archana	Pharm. D	
7.	Mahalakshmi	B. Pharma	
8.	Lakshmi	D. Pharma	
9.	Sandya	Pharma D	
10.	Kiran	D. Pharma	
11.	Shahrukh	B. Pharm	
12.	Imran Khan	D. Pharm	
13.	Tejuen	D. Pharma	
14.	Ranjna	Pharm D	
15.	Phanusheree	Pharma D	
16.	Shilpa	B. Pharm	
17.	Donald Trump	D. Pharm	
18.	Rashmi	B. Pharma	
19.	Smriti	D. Pharm	
20.	Sushmitha	Pharma D	
21.	Canny	B. Pharm	
22.	Kirti	B. Pharma	
23.	Lalit	D. Pharm	
24.	Pushpa	Pharm D	
25.	Lakshmi	D. Pharm	
26.	Aishwini	Pharma. D	
27.	Aishwary	D. Pharm	
28.	Lavanya	D. Pharm	
29.	Rana	D. Pharm	
30.	Preethi	D. Pharma	
31.	Ravi	Pharm D.	
32.	Prashdeep	B. Pharm	
33.	Aleshita	B. Pharm	
34.	Prerana	B. Pharma	
35.	Abhay	B. Pharm	
36.	Ankit	B. Pharm	

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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NSS COMMITTEE

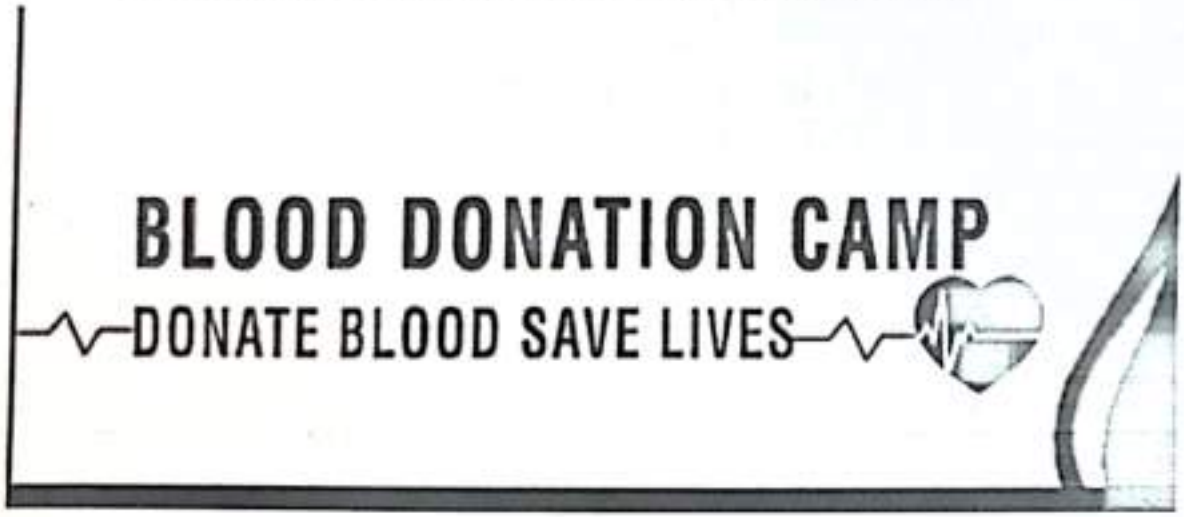
R R COLLEGE OF PHARMACY

Chikkabanavara,Bengaluru-90

Organises

Blood Donation Camp

IN-COLLABORATION WITH IQAC & NSS UNIT



Chief Patron
Sri .Y. Raja Reddy

Patrons
Sri. Kiran H.R
Sri. Arun H.R

NSS Co-Ordinator
Mr.HARISH.N

Principal
Dr.V.B.NARYANASWAMY

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

Accredited by NAAC with 'A' Grade

NSS COMMITTEE

PROGRAMME REPORT

Blood Donation Camp
ON 30TH Sep 2024

Submitted to

IQAC - RRCOP

BY

MR. HARISH N

Assistant Professor

Department of Pharmacology

Faculty of Pharmacy

Since 1993

R R College of Pharmacy

R R Institutions

PKM Educational Trust®

Bangalore – 560090

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A Blood donation camp was organized by our NSS unit, R.R. College of Pharmacy, Chikkabanavara, Bangalore-560090, on 30th September 2024, in collaboration with LIONS BLOOD DONATION, BANGALORE. on auspicious birthday of Shri H R Arun - Director PKMET®, Blood donation camp was inaugurated by Shri.H.R. Kiran –Secretary PKMET®, Presided by Shri H R Arun - Director PKMET®, Dr. Narayana swamy principal R.R college of pharmacy and NSS program Officer & coordinator Mr.Harish N assistant professor R.R College of Pharmacy, Bangalore . Around more than 113 students and 15 faculty members attained the program, a more than 100 units of blood was donated by both students and the staff members of our R.R college of Pharmacy in bringing a ray of hope to contribute to the serious problems of acute shortage of blood. Our College has been religiously organizing blood donation camps every year and students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it.

1	Name of the Activity/Event	**Blood Donation Camp**		
2	Date of Activity/Event	17th September 2022		
3	Organized by/Name of the committee	NSS UNIT, PHARMACY Dept.		
4	Name of the Association	Lions Blood Donation Bangalore		
5	Place of Activity/event	BANGALORE		
6	Type of activity/Event	Blood Donation		
7	Activity/Event objectives	1. To collect blood units but also to make students aware about blood and its benefits. 2. It was an effort to motivate students to come forward and donate for this noble cause. 3. First time donors need to be encouraged so that once the initial hesitation/ fear goes away, the donor will look forward to such camps in near future too. 4.To help anyone, in case of any requirement for blood.		
8	Participation	Students	Faculty	Total Participation
		113	15	128
9	Enclosures	1.Report 2.Photos		

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RR COLLEGE OF PHARMACY

Chikkabanavara, Bangalore-560090

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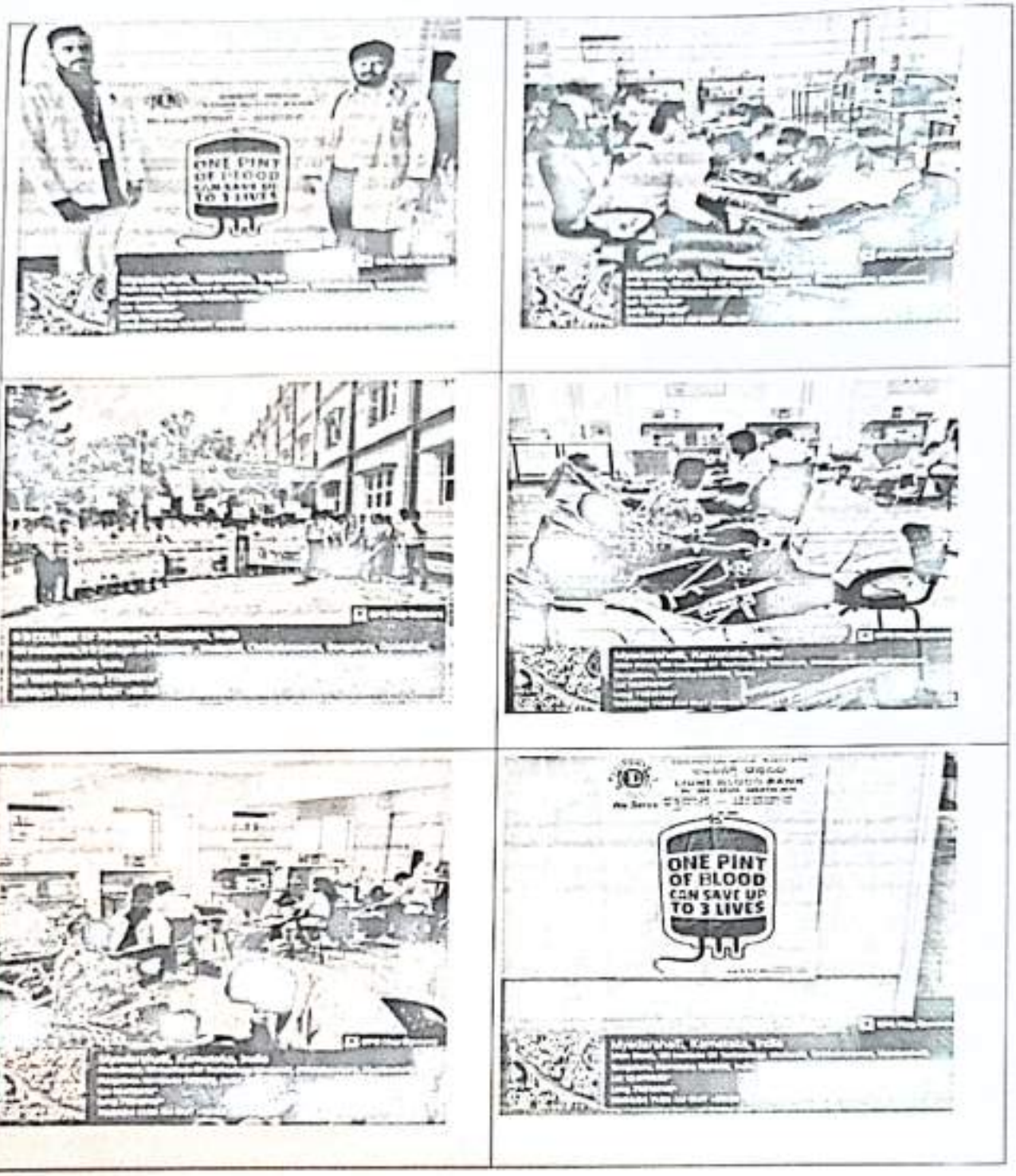
NSS COMMITTEE



Co-Ordinator
Harish.N

IQAC Director

Principal

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R. R. College of Pharmacy

Affiliated by NAAC with "A"
Chikkabanavara, Bengaluru-560090

Since 1993

NSS COMMITTEE

Blood donation Camp

Date: 30/9/24

Attendance

Sl.No	Name	Department/Course	Signature
1.	Pallavi R		
2.	Nandini P		
3.	Prakruthi		
4.	Anagha		
5.	Anusha		
6.	Sowmya K.		
7.	Pavithra		
8.	Archana kumari		
9.	Bhavana		
10.	Venkatesh prasadh		
11.	Ramesh		
12.	Veeresh		
13.	Poojitha		
14.	Gowthami		
15.	Saravana		
16.	Rakesh		
17.	Mohan		
18.	Mahesh		
19.	Venkat		
20.	Deepika		
21.	Anjanadevi		
22.	Priyanka		
23.	Shruthi		
24.	Ramya		
25.	Krithika		
26.	Rakhumika		
27.	Amrutha		
28.	Aishwarya		
29.	Manju		
30.	Pathi		
31.	Jayashree		
32.	Kishore		
33.	Sudeep		
34.	Arjun		
35.	Vara Lakshmi		
36.	Pavana		

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WORLD PHARMACIST DAY REPORT

On 25th September 2024

Submitted to

IQAC - RRI

By

Dr. E Sateesh Kumar
Professor and Head
Department of Pharmacy Practice

Dr. Hindustan Abdul Ahad
Professor and Head
Department of Pharmaceutics

RR COLLEGE OF PHARMACY

RR INSTITUTIONS

PKM Educational Trust ®

BANGALORE – 560090

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WORLD PHARMACIST DAY REPORT - 2024

R R College of Pharmacy celebrated World Pharmacist Day with the theme of "Pharmacist: Meeting global health needs", which is observed annually on September 25th to honor pharmacists' contributions to global health. Dr. Iftikhadar Fareed, Syndicate Member, RGUHS, and Chairman, State Council, Applied Health Sciences, Karnataka, was present as the chief guest. Dr. Sai Kumar, Principal of Sanjay Gandhi Physiotherapy College and Senate member, Dr. Venktagiri Gowda, RGUHS Syndicate member, and Dr. Ramakrishna Reddy, Professor, BMC and former RGUHS Registrar Evaluation, were the guest of honors. The event was preceded by H R Kiran, Secretary of PKMET; H R Arun, Director of PKMET; and Dr. Narayanaswamy V B, Principal, R R College of Pharmacy, Chikkabanavara, Bangalore.

The programme started at 12.45 PM anchored by Miss. Femi Student. With an invocation song sung by Miss. Sunidhi. Dr. Sai Kumar, Principal of Sanjay Gandhi Physiotherapy College and Senate member, enlightened the importance of the day (World Pharmacist's Day), followed by the welcome speech by Dr. Narayana Swamy V. B, Principal, RRCP. The introduction of chief guests was gave by Dr. Hindustan Abdul Ahad, HOD, and Chief Guests addressed the gathering. After this Felicitation of the Chief Guest was done by Shri. Kiran HR, PKM Educational Trust®, Dr. Narayana Swamy V. B, Principal, RRCP, Dr. E Satheesh Kumar, HOD, RRCP.

Dr. Iftikhadar Fareed addressed the gathering with "Pharmacist: Meeting global health needs"

The vote of thanks was given by Dr. E Satheesh Kumar, HOD, RRCP.

Students of I.B. Pharma and I. Pharma D from RR College of Pharmacy actively participated in the World Pharmacist Day 2024 rally, showcasing their enthusiasm and commitment to the pharmacy profession. The rally served as a platform to highlight the vital role of pharmacists in healthcare and to raise

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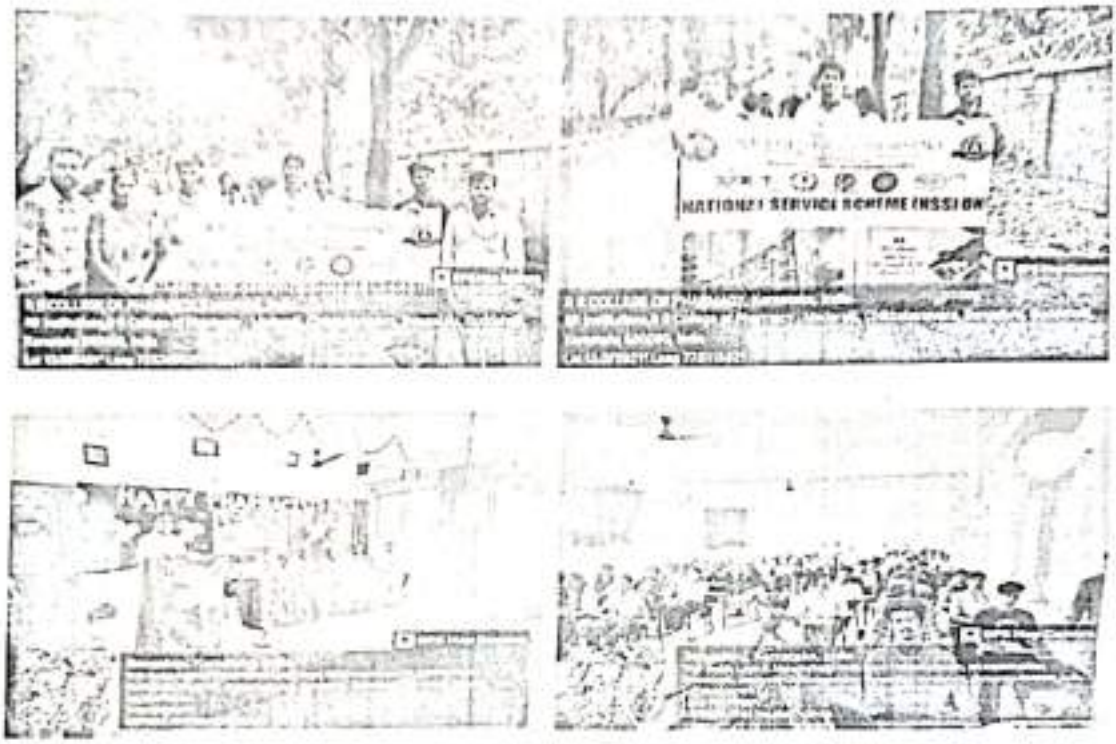
awareness about their contributions to society. Following the rally, students and faculty gathered in the RR Auditorium for an engaging session that featured discussions, presentations, and activities emphasizing the importance of pharmacists in ensuring better health outcomes. The event provided a unique opportunity for students to connect with the community, deepen their understanding of their responsibilities as future healthcare professionals, and celebrate the global theme of World Pharmacist Day with zeal and purpose.



Convener

Principal

PRINCIPAL
R.R. College of Pharmacy
Chikkabanavara, Bangalore

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